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Vision: To be an Institution moulding globally competent Professionals as epitomes of Noble Values. Mission: To transform the Youth as technically competent, ethically sound and socially committed professionals, by providing a vibrant learning ambience, for the welfare of humanity.



# PRINCIPAL'S **MESSAGE**

Mental health is vital because it forms the foundation for an individual's overall well-being and the effective functioning of

a community, impacting how a person thinks, feels, acts, and handles stress. Good mental health fosters emotional stability, allows for productive work and learning, and enables healthy relationships and community contributions, while poor mental health can lead to significant distress, impairment in daily life and an increased risk for mental health conditions. Mental health encompasses emotional, psychological and social well-being, determining how individuals cope with life's challenges and interact with others. A positive mental health enables individuals to realize their full potential, enjoy life, and achieve their personal and professional goals. Government mental health initiatives in India include the National Mental Health Programme (NMHP) and the Tele-MANAS initiative, which provides free tele-counselling services through a national helpline and mobile application, connecting individuals with support and information in their local languages. The government also focuses on developing mental health professionals, promoting awareness, and integrating mental healthcare into the broader healthcare system. As an Institution that recognises mental health and well-being as integral to academic success, professional development and a safe campus environment, MBCET adopts a preventive, proactive and student-centred approach to mental health, aligned with national and state initiatives.

Dr. S. Viswanatha Rao

### **NEWLY JOINED FACULTY**



Ms. Arya Vijayan joined as Assistant Professor in the Department of Electrical and Electronics Engineering on 08 Sept. 2025.

## **DECODE 2025: DEBUG & CONOUER**

CSI SB MBCET, in collaboration with the Department of Computer Science and Engineering, successfully hosted DeCode 2025: Debug & Conquer on 9th August 2025. The participants battled it out online by fixing buggy code snippets, with over 30+ students joining in. The top three champions bagged cash prizes.

## FDP ORGANIZED

The Communication Research Group, Department of ECE, MBCET, organized a Faculty Development Programme (FDP) on "Report Preparation in LaTeX using Overleaf" on August 20–21, 2025. The programme was coordinated by Dr. Swapna P. S., Associate Professor, Department of ECE, MBCET and the sessions were handled by Mr. Nivas K. Haneefa, Assistant Professor, Department of ECE, MBCET.

#### BEEP MASTER TRAINERS' PROGRAM

Ms. Sheenu P, Assistant Professor, EED attended one day Master Trainers' program for the Behavioural and Emotional Enrichment Program (BEEP) organised by Mar Ivanios Vidyanagar in collaboration with MBCET on 23 August 2025.

#### THROWBALL TEAM VICE CAPTAIN

Ajay Suresh B. (S1ME) got selected to the Trivandrum Junior Boys Throwball Team as Vice Captain. The team completed in the 24th Kerala State Junior Throwball Championship 2025-26 held from 31st August to 2nd September at Mahatma Boys Higher Secondary School. Mavelikara, Alapuza District.



Managing Editor: Fr. John Varghese Palanilkunnathil, Director Email: bursar@mbcet.ac.in

Dr. S. Viswanatha Rao, Principal Email: principal@mbcet.ac.in

Editor: Prof. Dr. George Zacharia

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