

NATIONAL SERVICE SCHEME



ACTIVITY DETAILS 2024-2025

Unit Number: 230 and 706



Mar Baselios College of Engineering and Technology
Mar Ivanios Vidyanagar, P.O, Nalanchira,
Thiruvananthapuram, Kerala 695015
AFFILIATED TO NATIONAL SERVICE SCHEME CELL OF
APJ ABDUL KALAM TECHNOLOGICAL UNIVERSITY

Serial No	Event Name	Date	No.of Participants
1	Scrap collection	14-06-24	29
2	1 Day Residential NSS Camp	20-07-24	40
3	VS MEET'24	27-07-24	4
4	Nashamukth Bharath Abhiyan (International Youth Day)	12-08-24	18
5	INDEPENDENCE DAY	15-08-24	26
6	POSTER MAKING COMPETITION	15-08-24	26
7	TEACHERS'DAY	05-09-24	6
8	SWACHH SAGAR (Beach Clean up)	21-09-24	20
9	NSS DAY	24-09-24	19
10	Heart Day Awareness Campaign	26-09-24	21
11	KTU CARE REGIONAL MEET 2024	29-09-24	3
12	Health Camp	30-09-24	26
13	Old Age Home Cleanup	02-10-24	13
14	University Award Ceremony	10-10-24	150
15	NRPF ORIENTATION CLASS	16-10-24	34
16	EXECOM MEETUP	18-10-24	22
17	Food Donation Camp at RCC	18-10-24	5
18	National Unity Day	31-10-24	22
19	DRUG FREE CAMPAIGN FLASHMOB	01-11-24	15
20	UHV orientation online	18-01-25	29
21	Blood donation camp at MBCET partnered by RCC	23-01-25	42
22	"Jeevarambham"-Rudhirasena Regional meet	25-01-25	30
23	Republic Day Celebration	26-01-25	38
24	Food Donation 2.0	15-02-25	25
25	Scrap collection week	03-03-25	36
26	Survey Camp	10-03-25	3
27	Attukal Pongala	13-03-25	29
28	Krishisamirithi Kathir Program	14-03-25	6
29	BLS Training Programme	21-03-25	36
30	Food Donation 3.0	21-03-25	34
31	NRPF -Antidrug campaign Tree Marathon	21-03-25	10
32	Water Day Awareness	21-03-25	26
33	Water Day Orientation	21-03-25	34
34	Beach Cleanup	22-03-25	19
35	World TB day Rally	24-03-25	29
36	World TB day Awareness	24-03-25	29
37	Food Donation 4.0	28-03-25	26
38	Orientation on Behavioural and emotional challenges	28-03-25	35
39	Poster Making Competition	28-03-25	25

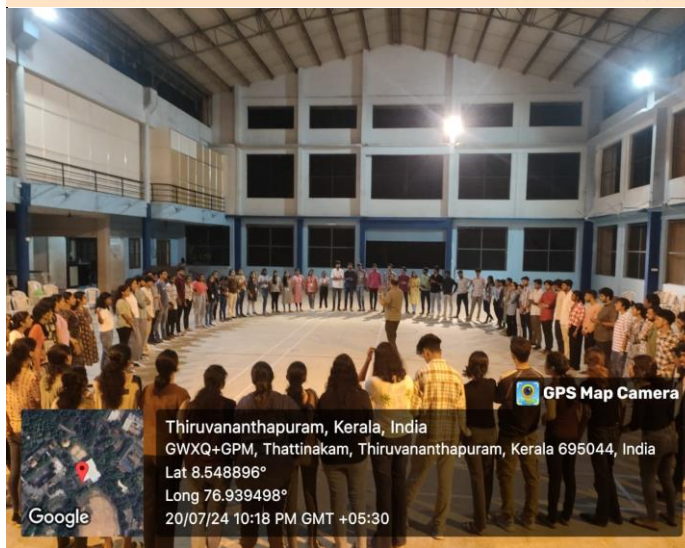
SCRAP COLLECTION 1.0

Date	14-06-2024	Duration	3hrs	No of volunteers Participated:29
Program	SCRAP COLLECTION			
Highlights of program	On 14th July 2024, NSS Units 706 and 230 of Mar Baselios College of Engineering and Technology (MBCET) organized a Scrap Collection Day as part of their community service efforts. Volunteers actively collected scrap materials such as paper, plastic, and metal waste from various households and public areas in the surrounding society. The collected scrap was then sorted and resold, promoting the ideas of recycling and environmental responsibility. This initiative not only helped in reducing waste but also encouraged the local community to adopt sustainable practices and support waste management efforts.			



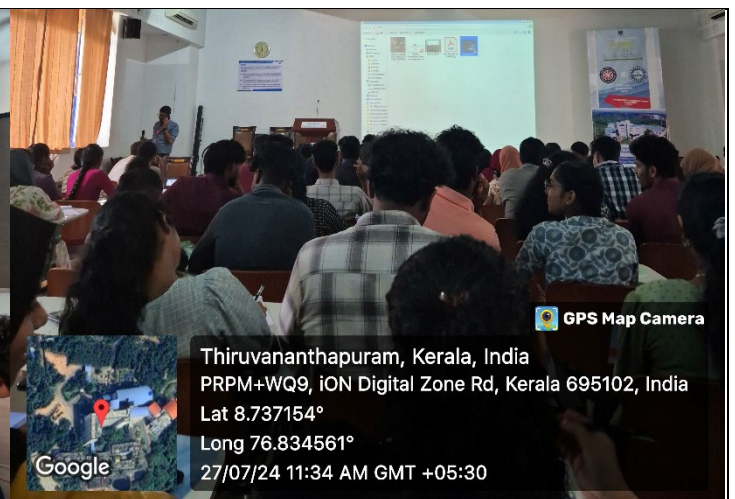
ONE DAY CAMP

Date	20-07-2024	Duration	6hrs	No of volunteers Participated: 40
Program	1 Day Residential NSS Camp			
Highlights of program	<p>On July 20, 2024, the NSS unit of MBCET organized an engaging one-day residential camp for second-year students, beginning at 3 PM and concluding at 9 AM on July 21. The camp kicked off with an ice-breaking session and an orientation class led by Brahmananayakam Mahadevan Sir, setting a positive tone for the event. The evening was filled with a variety of games and cultural activities, fostering camaraderie and creativity among the participants. The festivities continued until midnight, culminating in a refreshing morning assembly where attendees engaged in exercises and discussed upcoming NSS programs. This well-rounded experience not only strengthened team spirit but also provided insights into future initiatives by the NSS unit.</p>			



VS MEET

Date	27&28-07-2024	Duration	2 Days	No of volunteers Participated: 4
Program	VS MEET'24			
Highlights of program	<p>The VS MEET for the volunteer secretaries (VS) of Trivandrum, Kollam, and Pathanamthitta took place on July 27 and 28, 2024, at Rajadhani Institute of Engineering and Technology, Attingal. This event was specifically organized to provide an introduction and overview to the newly selected VSs for the upcoming year. From MBCET, the participating VSs were Alakananda GS and Abhinav AA from UNIT 706, and Abhinav AS and Devika C from UNIT 230. The meet aimed to equip these new leaders with essential insights and guidelines for their roles in the NSS units of their respective colleges.</p>			



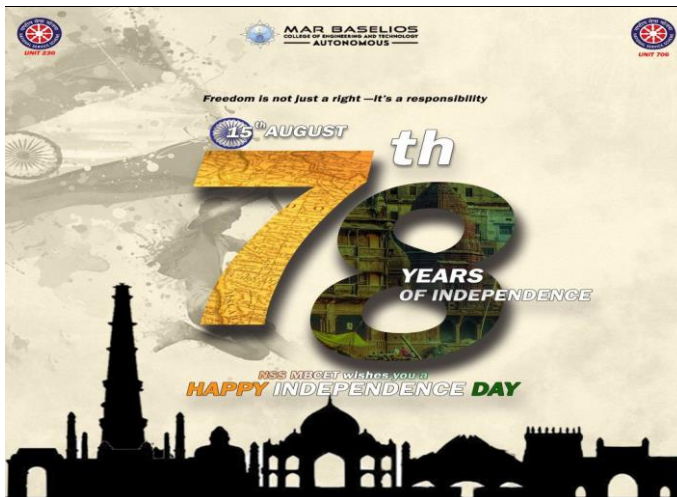
INTERNATIONAL YOUTH DAY

Date	12-08-24	Duration	1 hr	No of volunteers Participated: 18
Program	Nashamukth Bharath Abhiyan (International Youth Day Program)			
Highlights of program	On International Youth Day, 12th August 2024, the NSS Unit of MBCET proudly organized an impactful Oath-Taking Ceremony as part of the Nashamukth Bharath Abhiyan. Held at the college auditorium at 1:00 PM, this event was designed to promote drug-free living and raise awareness about the dangers of substance abuse. The success of this initiative was evident from the enthusiastic participation and the significant number of pledges made. The NSS Unit's efforts in organizing this event underscore the importance of collective action in combating drug abuse and promoting a healthier, drug-free society.			



INDEPENDENCE DAY

Date	15-08-2024	Duration	3hrs	No of volunteers Participated: 26
Program	INDEPENDENCE DAY			
Highlights of program	<p>On August 15, 2024, MBCET marked Independence Day with a spirited celebration. The program commenced with a parade featuring NSS volunteers, setting a vibrant tone for the day. Principal Dr. Viswanatha Rao then led the flag hoisting ceremony. This was followed by insightful speeches from both the Bursar and the Principal. The festivities included a dynamic flashmob performed by volunteers and a medley of patriotic songs that resonated with the spirit of the occasion. Additionally, an orientation class was held, providing a deeper understanding of India's journey to independence and its significance.</p>			



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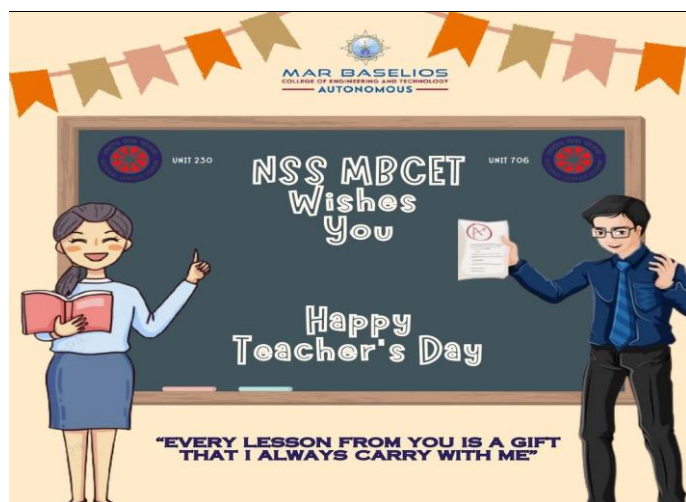
POSTER MAKING COMPETITION

Date	15-08-2024	Duration	2hrs	No of volunteers Participated:26
Program	POSTER MAKING COMPETITION			
Highlights of program	As part of Independence Day celebrations, NSS units 230 and 706 at MBCET organized an online poster competition to promote creativity and patriotism. The competition saw enthusiastic participation, with students showcasing artistic representations of freedom, unity, and national pride. The posters were judged on creativity, theme relevance, and presentation. Insha Mirzad from NSS Unit 706 won for her outstanding poster that captured the essence of Independence Day. The competition provided a platform for students to express their admiration for the nation in a meaningful way.			



TEACHERS' DAY

Date	05-09-2024	Duration	2hrs	No of volunteers Participated: 6
Program	TEACHERS'DAY			
Highlights of program	<p>On September 5, 2024, the NSS Units 230 and 706 of MBCET came together to celebrate Teachers' Day in a heartfelt manner. We expressed our appreciation by distributing sweets and presenting badges to our incredible teachers, each one symbolizing our gratitude and well wishes. The day was filled with smiles, laughter, and emotional moments, as we honored the dedication and guidance our teachers provide. Thank you for your unwavering commitment and inspiration that continues to shape our futures.</p>			



SWACHH SAGAR

Date	21-09-2024	Duration	3hrs	No of volunteers Participated: 6
Program	SWACHH SAGAR			
Highlights of program	On September 21, 2024, in celebration of International Coastal Clean-up Day, the National Centre for Earth Science Studies, in partnership with the Kerala State NSS Cell and NRPF Trivandrum region, organized a beach cleaning event at Kovalam Beach. NSS Units 230 and 706 of MBCET actively participated, with volunteers gathering at 7:30 am to remove litter and raise awareness about pollution. The event aimed to promote environmental responsibility and preserve the beauty of our coastline. Through this initiative, volunteers contributed to a cleaner ocean while educating beachgoers about the importance of protecting our marine ecosystems.			



NSS DAY

Date	24-09-2024	Duration	1hr	No of volunteers Participated: 19
Program	NSS DAY			
Highlights of program	On September 24, 2024, NSS Units 230 and 706 of MBCET organized a gathering to celebrate NSS Day, bringing together volunteers from diverse backgrounds to honor the spirit of service and community. The coordinators expressed their gratitude for the volunteers' dedication, followed by a heartfelt rendition of “Manavageetham” that resonated with the audience. The event featured skits, speeches, and interactive activities, highlighting the volunteers' talents and the impact of collective efforts in community service. It concluded with refreshments and informal discussions, fostering unity and inspiring future initiatives in line with NSS values.			



HEART DAY AWARENESS CAMPAIGN

Date	26-09-2024	Duration	1hr	No of volunteers Participated: 21
Program	Heart Day Awareness Campaign			
Highlights of program	<p>On September 26, 2024, Radio Mirchi, in association with KIMS Health, organized a Heart Day awareness campaign at MBCET, coordinated by NSS Units 230 and 706. The campaign aimed to raise awareness about heart health, engaging students and staff in informative and fun activities. A flash mob and various interactive sessions were conducted to educate participants on heart health and the importance of a healthy lifestyle. The event successfully brought attention to heart care, encouraging everyone to take proactive steps towards maintaining their well-being.</p>			




KTU CARE REGIONAL MEET

Date	29-09-2024	Duration	6hrs	No of volunteers Participated: 3
Program	KTU CARE REGIONAL MEET 2024			
Highlights of program	<p>The KTU CARE Trivandrum Regional Meet was held on September 29, 2024, at Sree Chitra Thirunal College of Engineering and Technology, Trivandrum. Students from various engineering colleges in the Trivandrum region participated in the event. Abhinav A.A., Akshad Anoop, and Aravind Ajay represented MBCET as volunteers. The program began with an engaging ice-breaking session, followed by informative classes on palliative care activities to be implemented in colleges, focusing on their objectives and challenges. The meetup concluded in the evening, leaving participants inspired to contribute meaningfully to palliative care initiatives.</p>			




HEALTH CAMP

Date	30-09-24	Duration	6hrs	No of volunteers Participated: 26
Title of Program	Health Camp			
Highlights of program	On 30th September 2024, the NSS units 230 and 706 of MBCET, in collaboration with NIMS Medicity, organized a health camp for students, faculty, and staff. The camp provided free health checkups, including blood pressure and sugar checks, eye tests, and heart checkups with ECG services. Starting at 9 AM and concluding at 2 PM, the camp also featured awareness sessions on heart care. The event ended with a ceremony where the principal, Dr. S. Viswanatha Rao, Bursar Fr. John Varghese, and Dr. Akash Jose delivered speeches, emphasizing the importance of preventive health and community well-being.			



UNIT 136

MASSILIOS COLLEGE OF
AUTONOMOUS
ENGINEERING



UNIT 136

On behalf of World Heart Day
NSS MBCET in association with NIMS MEDICITY organizes

HEALTH CAMP

Date: September 30, 2024
Time: 9:00 AM to 1:30 PM
Venue: Amenity Centre, MBCEIT

“Your heart knows the way – let’s see if it is healthy together!”

“Your health is your greatest wealth. Join us to invest in a healthier future!”

HEALTH CAMP

NIMS MEDICITY - SEYALANKARA

Join us on September 30, 2024, to prioritize your health – your heart will thank you!

Health camp is essential for promoting well-being and preventive healthcare in communities. This facilitates early detection of health issues, promotes a proactive approach to healthcare, and a range of services. All in one convenient location. This Health Camp is organized by NSS units 136 and 706 of Mar Baselios College of Engineering and Technology, in collaboration with NIMS Medicity, Seyalankara, Thiruvananthapuram, a leading super specialty hospital in South Kerala and South Tamil Nadu.

Our camp will feature free:


- Heart's check-ups conducted by experienced cardiologists from NIMS Heart Foundation, one of South India's premier heart hospitals.
- Ophthalmology: Tests for eye health assessments.
- Dental Check-ups to promote oral hygiene.
- Blood Tests to monitor various health markers.

This event is open to all faculty, staff and students of Mar Baselios College of Engineering and Technology.


Date: September 30, 2024
Time: 9:00 AM to 1:30 PM
Venue: Amenity Centre, MBCEIT

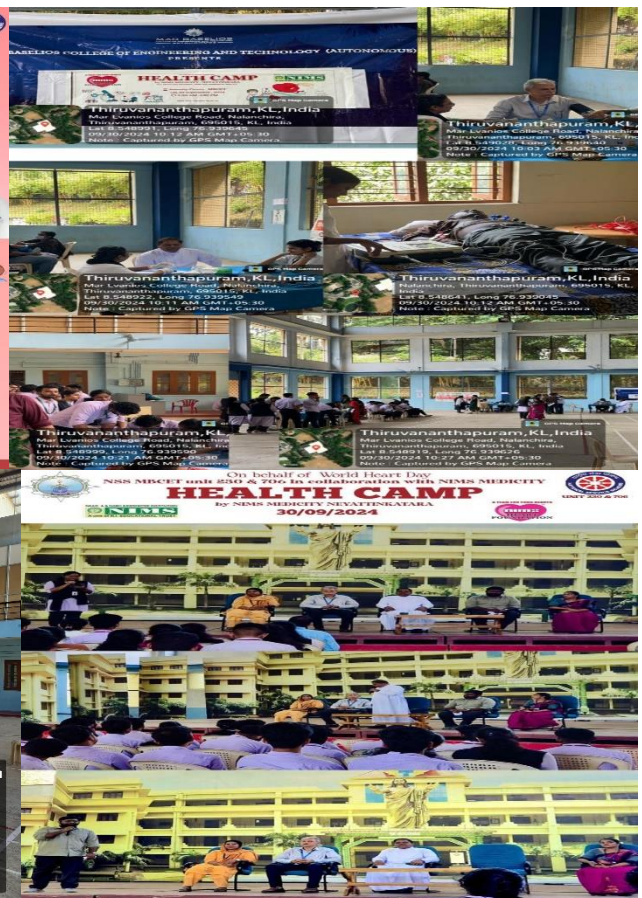
Don't miss this opportunity to prioritize your health

For details contact: Seena.Sathya@nssmbcet.ac.in, Deepa.S@nssmbcet.ac.in, Address: A - 70,3548,1558



Thiruvananthapuram, Kerala, India
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Long 76.929647°
30/09/24 10:33 AM GMT +05:30





SWACHHATA HI SEVA

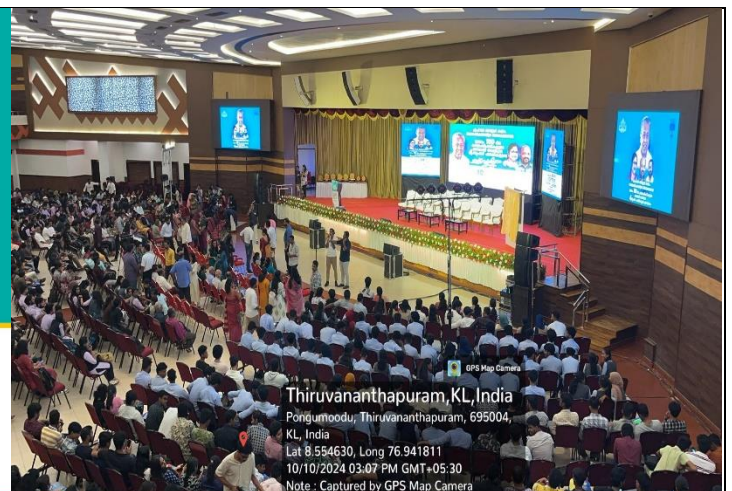
Date	02-10-2024	Duration	6hrs	No of volunteers Participated:13
Program	Old Age Home Cleanup			
Highlights of program	On Gandhi Jayanti, the NSS units 706 & 230 of MBCET visited the Archbishop Mar Gregorios Snehaveedu Charitable Society in Nalanchira, Trivandrum, which houses elderly residents and individuals with mental disabilities. The volunteers participated in a cleanup drive and spent time interacting with the residents, fostering a sense of care and inclusion. The activities included cleaning the premises to create a more pleasant environment, followed by cultural events organized by the volunteers, bringing entertainment and warmth to the people residing there. This initiative embodied the values of service and compassion that Gandhi championed.			

SWACHHATA HI SEVA 2024
 CLEANUP AND VISIT TO SNEHAVEEDU
 "Swachhata Hi Seva is not just a movement, but a way of life that should inspire every citizen to make cleanliness a daily habit."
 On 2nd October
 10:00 to 11:30am
 Location: Arch Bishop Mar Gregorios Snehaveedu



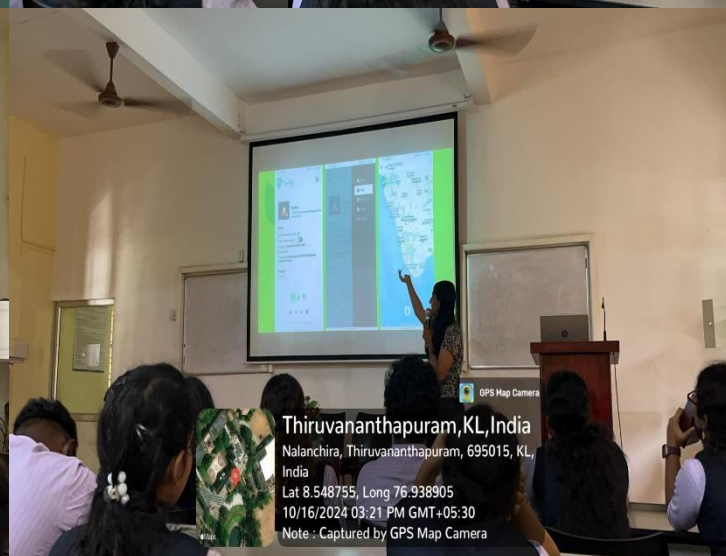
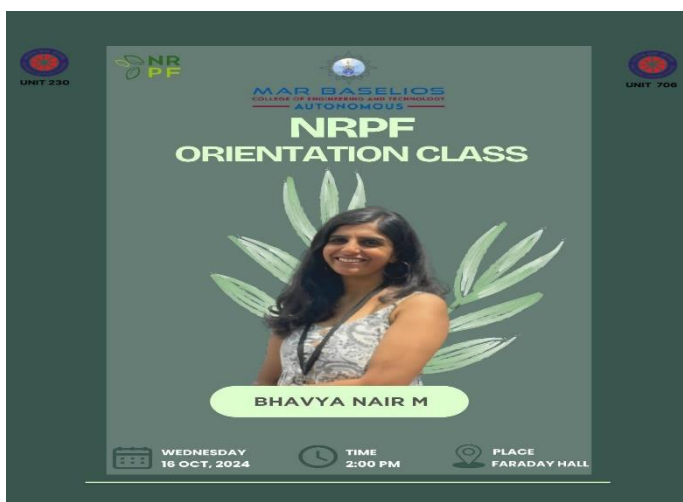
UNIVERSITY AWARD CEREMONY

Date	10-10-2024	Duration	2hrs	No of volunteers Participated: 150
Program	University Award Ceremony			
Highlights of program	<p>The University Award Ceremony was held on 10th October 2024 at Girideepam Convention Centre, Nalanchira, and was inaugurated by Dr. R. Bindu, the Minister for Higher Education and Social Justice of Kerala. The event served as a platform for the formation of ideas and plans to enhance student engagement and community development. NSS students from various colleges actively participated, showcasing their commitment to social initiatives. Notably, all MBCET students, including non-NSS volunteers, were present, reflecting the inclusive spirit of the occasion. A highlight of the ceremony was the award distribution, recognizing colleges for their outstanding contributions and excellence in various domains.</p>			



NRPF ORIENTATION CLASS

Date	16-10-2024	Duration	2hrs	No of volunteers Participated: 34
Program	NRPF ORIENTATION CLASS			
Highlights of program	An NRPF orientation class was conducted for the NSS volunteers of MBCET on 16th October 2024 at the college. The session was led by Bhavya Nair M., the NRPF Regional Coordinator, who provided valuable insights and awareness about initiatives like Thanal and Tree Tag. The session emphasized the importance of planting trees as a sustainable practice, including innovative ideas like planting trees to celebrate birthdays. The orientation inspired the volunteers to actively contribute to environmental conservation and community welfare through creative and impactful activities.			



EXECOM MEETUP

Date	18-10-2024	Duration	2hrs	No of volunteers Participated: 22
Program	EXECOM MEETUP			
Highlights of program	The NSS units 230 and 706 of MBCET organized an Execom meetup to deliberate on future plans and strategies for upcoming activities. The session focused on brainstorming innovative programs and initiatives to enhance community engagement and social impact. Tasks and responsibilities were systematically divided among the members, ensuring efficient collaboration and execution. The meetup fostered teamwork and laid a strong foundation for organizing meaningful and impactful NSS activities in the future.			



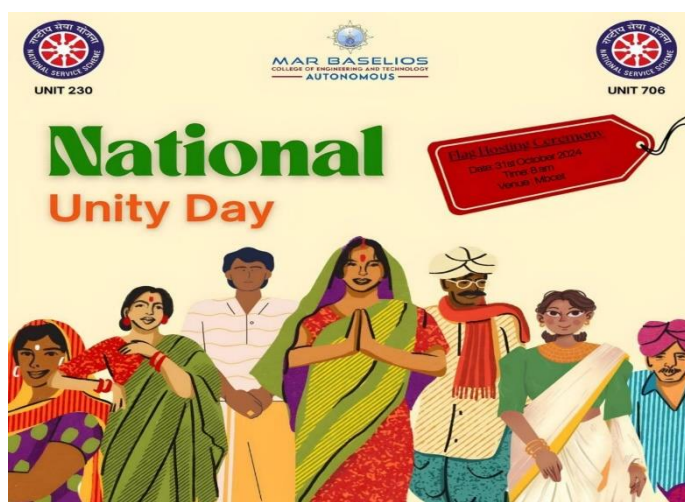
FOOD DONATION CAMP

Date	18-10-2024	Duration	2hrs	No of volunteers Participated: 5
Program	Food Donation Camp			
Highlights of program	<p>NSS units 706 and 230 of MBCET organized a food donation camp at the Regional Cancer Centre, Trivandrum, demonstrating their commitment to community welfare. The initiative aimed to support patients, bystanders, drivers, and others in need. Around 250 food packets, generously contributed by volunteers and well-wishers, were collected and distributed during the event. This thoughtful act of kindness provided nourishment and comfort, reflecting the true spirit of service and humanity upheld by the NSS units.</p>			



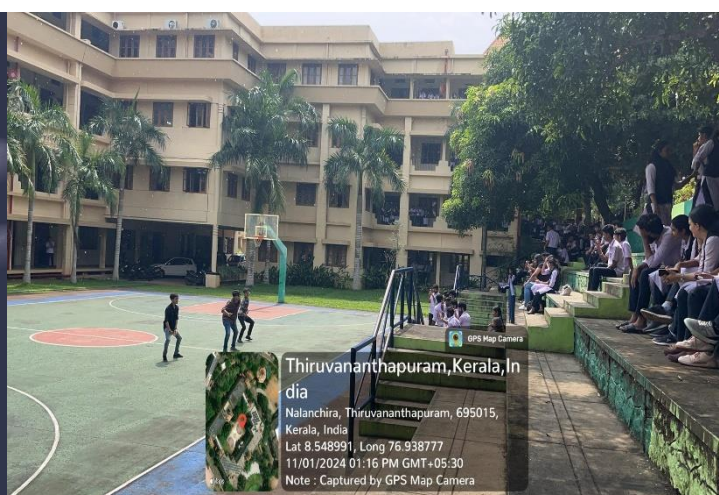
NATIONAL UNITY DAY

Date	31-10-2024	Duration	1hr	No of volunteers Participated: 22
Program	National Unity Day			
Highlights of program	On 31st October 2024, NSS Units 706 and 230 of MBCET celebrated National Unity Day with great enthusiasm and reverence. The program commenced at 8:00 AM with an assembly on the college premises, where the event began on a harmonious note with the singing of "Manavageetam." Following this, a solemn flag-hoisting ceremony was conducted, symbolizing the unity and integrity of the nation. The Principal and the Bursar graced the occasion with their presence and delivered inspiring speeches, highlighting the importance of National Unity Day and its role in fostering national integration and harmony. Their words motivated the attendees to uphold the ideals of unity and work collectively towards a stronger and united nation.			



DRUG FREE CAMPAIGN FLASHMOB

Date	01-11-2024	Duration	1hr	No of volunteers Participated: 15
Program	Drug Free Awareness Campaign:Flashmob			
Highlights of program	On November 1, 2024, NSS MBCET Units 230 and 706, in collaboration with the Excise Department of Kerala, organized an electrifying flash mob at the OAT MBCET to celebrate Kerala Piravi and promote the vital cause of a drug-free society. The event, held from 1:00 PM to 2:00 PM, showcased the energy and creativity of the volunteers through impactful dance and music performances. It successfully raised awareness about the dangers of drug abuse and encouraged positive lifestyle choices, leaving a meaningful impression on everyone who attended.			



UHV ORIENTATION

Date	18-01-2025	Duration	2hrs	No of volunteers Participated:29
Program	UHV SESSION			
Highlights of program	An online Universal Human Values (UHV) session was conducted by Dr. Ushakumari, Professor and Dean of Corporate Relations at MBCET, for NSS volunteers of units 230 and 706. The session focused on the significance of values like compassion, integrity, and respect in personal and societal growth. Dr. Ushakumari encouraged volunteers to integrate these principles into their daily lives and community service. The interactive session featured active participation, with volunteers reflecting on how to apply these values in their NSS activities, gaining valuable insights into the role of ethics in building a harmonious society.			

Nss mbcet unit 230 & 706 in collaboration with UHV cell MBCET organizes

Universal Human Values Session

For NSS Volunteers

DATE
18 January , 2025

TIME
11 am - 12:30 pm

Via Google meet

Dr. S Ushakumari
Professor & Dean Corporate Relations

12:10 PM | dbb-xbty-bor

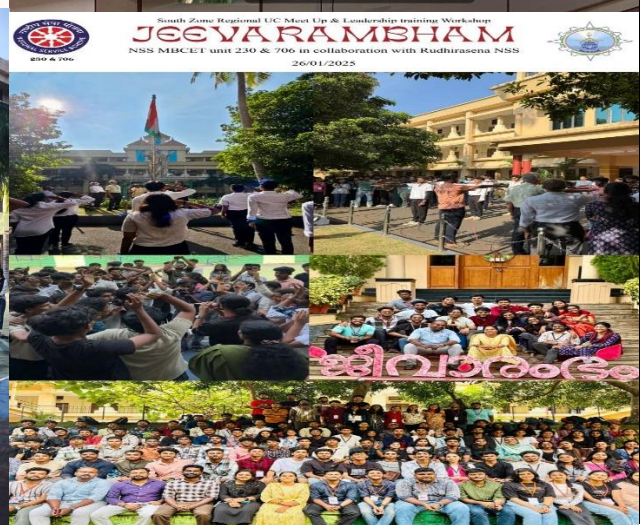
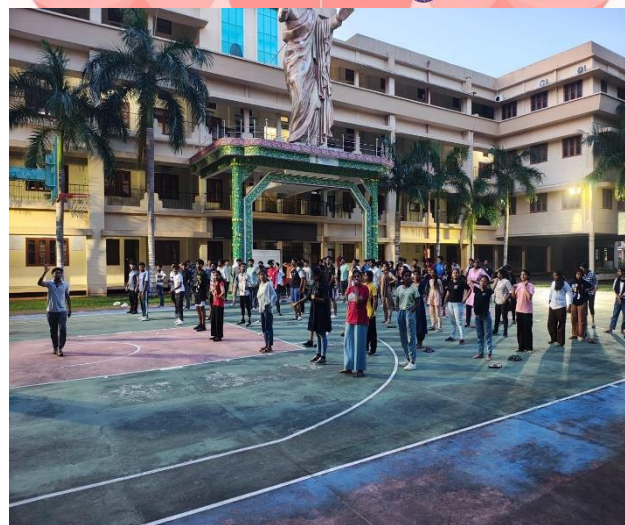
BLOOD DONATION

Date	23-01-25	Duration	3hrs	No of volunteers Participated: 42
Title of Program	Blood Donation			
Highlights of program	<p>On January 23, 2025, NSS units 230 and 706 of MBCET College, in collaboration with the Regional Cancer Centre Trivandrum, organized a successful blood donation camp. The event saw a remarkable turnout of compassionate volunteers committed to saving lives. The smooth and efficient conduct of the camp was made possible by the seamless cooperation between donors, medical professionals, and NSS volunteers, supported by the Regional Cancer Centre. This initiative highlighted the profound impact of individual acts of kindness, and the NSS units express heartfelt gratitude to all donors and their invaluable partners for making the event a success.</p>			



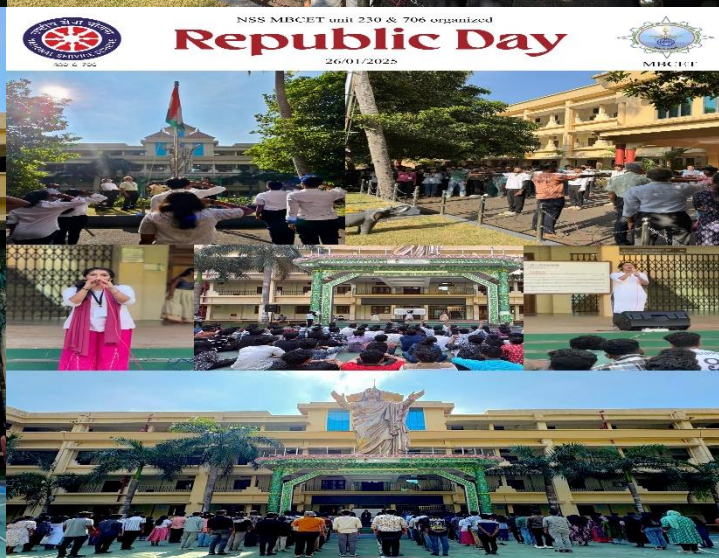
UC MEET

Date	25-01-25	Duration	6hrs	No of volunteers Participated: 30
Title of Program	Rudirasena Southzone Regional UC Meetup			
Highlights of program	<p>The Rudirasena South Zone UC Regional Meetup was organized by NSS units 230 and 706 of MBCET in collaboration with Rudirasena NSS on 25th and 26th January at MBCET. The two-day program aimed to engage volunteers in NSS and Rudirasena activities while raising awareness about the importance of blood donation. Through interactive sessions and discussions, the event encouraged active participation in social service and life-saving initiatives, strengthening the volunteers' commitment to community welfare.</p>			



REPUBLIC DAY

Date	26-01-2025	Duration	2hrs	No of volunteers Participated: 38
Program	REPUBLIC DAY			
Highlights of program	<p>The NSS units 230 and 706 of MBCET jointly organized a grand Republic Day celebration, bringing together volunteers in a spirit of patriotism and unity. The program commenced with a disciplined parade by NSS volunteers, showcasing their dedication and enthusiasm. This was followed by the flag hoisting ceremony, led by the Principal, symbolizing national pride. The event further featured a series of vibrant cultural performances by NSS volunteers of MBCET, along with participants from the Rudirasena RC regional meet, adding to the festive spirit. The celebration fostered a sense of national integrity and community bonding among all attendees.</p>			



FOOD DONATION 2.0

Date	15-02-2025	Duration	3hrs	No of volunteers Participated:25
Program	FOOD DONATION 2.0			
Highlights of program	On February 15, 2025, NSS Units 706 and 230 of Mar Baselios College of Engineering and Technology (MBCET) conducted their second food donation drive near the Government Medical College and Regional Cancer Centre (RCC) in Thiruvananthapuram. As part of their ongoing efforts to support the underprivileged and those in need, the volunteers distributed around 80 food packets to patients' bystanders and others in the area. The initiative reflected the spirit of compassion and social responsibility, with active participation from NSS volunteers who worked together to ensure the smooth and respectful distribution of food. The drive brought comfort to many and reinforced the importance of community service.			



SCRAP COLLECTION WEEK

Date	03-03-2025	Duration	5hrs	No of volunteers Participated:36
Program	SCRAP COLLECTION WEEK			
Highlights of program	From 3rd to 7th March 2025, NSS Units 706 and 230 of Mar Baselios College of Engineering and Technology (MBCET) organized a Scrap Collection Week as part of their sustainability initiative. Students actively collected scrap materials from their homes, nearby localities, shops, and within the college campus. As part of the recycling effort, used books with blank pages were carefully torn and repurposed into small booklets. Other collected materials, such as paper, plastic, and metal scraps, were sorted and sold for further recycling treatments. The drive aimed to promote waste segregation and reuse, encouraging eco-friendly habits among students and the community.			



SURVEY CAMP

Date	10-03-2025	Duration	6hrs	No of volunteers Participated:3
Program	SURVEY CAMP			
Highlights of program	A survey camp was conducted at Mar Gregorios College of Law by Civil Engineering students of NSS MBCET, using a Total Station for precise measurements. The camp provided practical exposure, allowing students to apply theoretical knowledge in surveying tasks. Under faculty and NSS coordinators' guidance, students measured angles, distances, and elevations, ensuring accurate data collection. This hands-on experience helped develop critical surveying skills, teamwork, and problem-solving abilities, offering valuable insights into Civil Engineering and surveying technology.			



ASSISTANCE DURING ATTUKAL PONGALA

Date	13-03-2025	Duration	4hrs	No of volunteers Participated:29
Program	VOLUNTEERING IN ATTUKAL PONGALA			
Highlights of program	<p>On 13th March 2025, during the Attukal Pongala festival in Thiruvananthapuram, NSS volunteers from Units 230 and 706 of Mar Baselios College of Engineering and Technology (MBCET) actively participated in volunteering activities. The volunteers were especially dedicated to assisting elderly women, helping them with their various needs throughout the day. Their compassionate support and tireless efforts contributed to the smooth and safe conduct of the festival, reflecting the true spirit of service and community care.</p>			




KRISHISAMIRTHI KATHIR PROGRAM

Date	14-03-2025	Duration	6hrs	No of volunteers Participated:6
Program	KRISHISAMIRTHI KATHIR PROGRAM			
Highlights of program	The "KrishiSamirthi" agricultural program, organized by the Department of Agriculture Development and Farmer's Welfare in collaboration with NSS, aimed to collect agricultural data from the residents of NEMAM. The initiative focused on land ownership, crop cultivation, and farming practices, with the data uploaded onto the "Kathir" app to support agricultural development. NSS volunteers played a key role in data collection, and the program saw strong participation from the local community, emphasizing the commitment to improving agriculture and farmer welfare in the region.			



BLS TRAINING

Date	21-03-2025	Duration	3hrs	No of volunteers Participated:36
Program	BLS TRAINING PROGRAM			
Highlights of program	On 22nd March 2025, NSS Units 706 and 230 of MBCET, in collaboration with Cosmopolitan Hospitals, organized a BLS (Basic Life Support) training program as part of the hospital's CSR initiative. The session taught students, faculty, and staff essential life-saving skills like CPR, airway management, and recognizing medical emergencies. The hands-on training equipped participants with the confidence to respond effectively in emergencies, emphasizing the importance of being prepared when every second counts.			




NSS MBCET unit 230 & 706 in collaboration with Cosmopolitan Hospital Organizes

BLS TRAINING PROGRAM

Basic Life support training (BLS) , as a part of the CSR initiative of Cosmopolitan Hospitals.

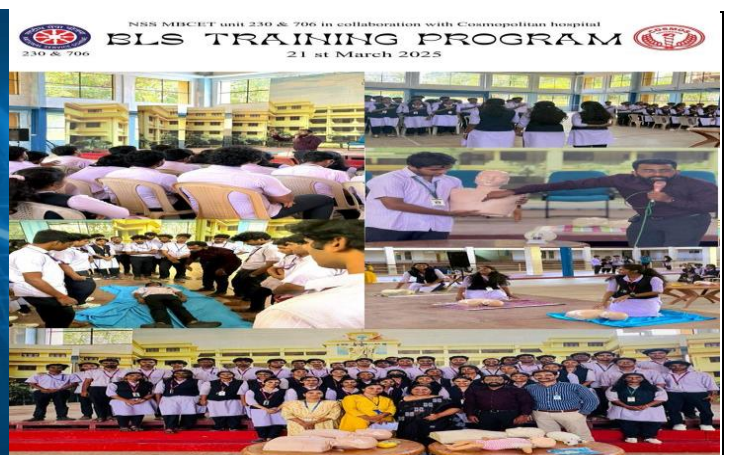
Why is this program important?

1. **Increases Survival Rates:** Early BLS intervention improves chances of survival during cardiac arrest or emergencies.
2. **Immediate Response:** BLS allows quick action while waiting for advanced medical help.
3. **Prevents Further Harm:** Proper techniques minimize injury or complications until professional help arrives.
4. **Accessible to Everyone:** Empowers individuals to assist in emergencies.
5. **Saves Lives:** Immediate BLS can be the difference between life and death.
6. **Reduces Healthcare Burden:** Timely BLS stabilizes patients before advanced care, easing the strain on healthcare systems.



21/03/25 @1:00PM

Amenity Centre



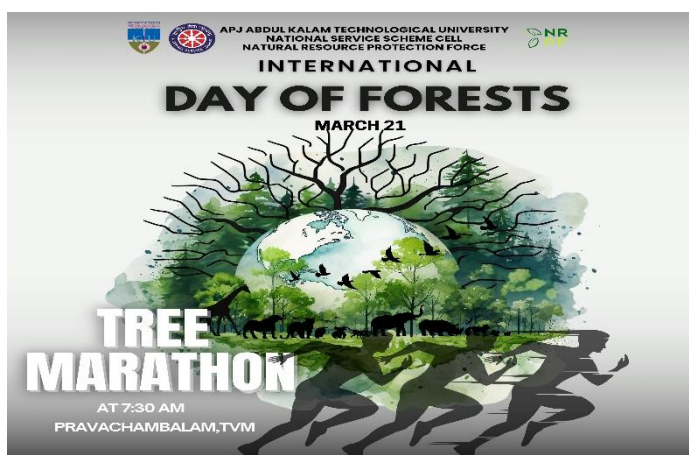
FOOD DONATION 3.0

Date	21-03-2025	Duration	3hrs	No of volunteers Participated:34
Program	FOOD DONATION 3.0			
Highlights of program	<p>On 21st March 2025, NSS Units 706 and 230 of Mar Baselios College of Engineering and Technology (MBCET) conducted their third food donation drive near the Government Medical College and Regional Cancer Centre (RCC) in Thiruvananthapuram. Continuing their mission to support the needy, the volunteers distributed around 100 food packets to bystanders of patients and others in the vicinity. The initiative reflected the spirit of compassion and social responsibility, with active involvement from NSS volunteers who ensured the smooth and respectful distribution of food. The drive brought comfort to many and strengthened the college's commitment to community welfare.</p>			



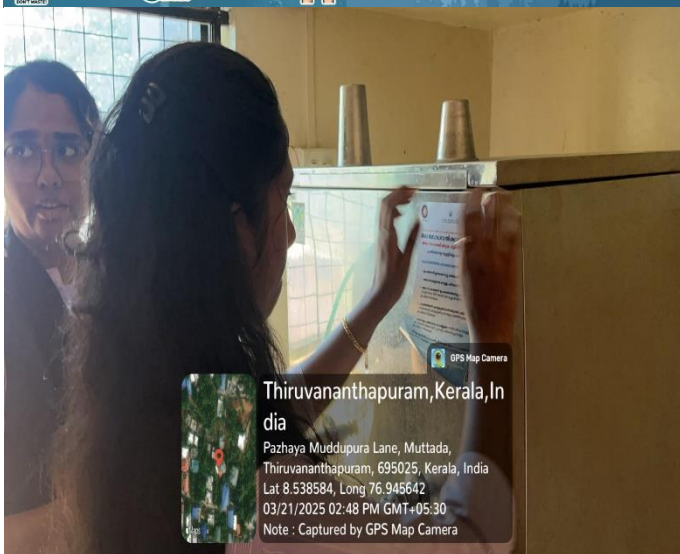
TREE MARATHON

Date	21-03-2025	Duration	3hrs	No of volunteers Participated:10
Program	TREE MARATHON			
Highlights of program	<p>On the occasion of the International Day of Forests on March 21, 2025, APJ Abdul Kalam Technological University, in collaboration with the NSS Cell and the National Resource Protection Force, organized a Tree Marathon at Pravachambalam, Thiruvananthapuram, starting at 7:30 AM. The event aimed to promote environmental conservation through large-scale tree planting. Students from NSS Units 230 and 706 of Mar Baselios College of Engineering and Technology (MBCET) actively participated in the program, contributing their efforts toward planting numerous saplings. The initiative served as a strong reminder of the importance of forests in sustaining life and emphasized the vital role of youth in preserving and protecting nature for future generations.</p>			



WATER DAY AWARENESS

Date	21-03-2025	Duration	2hrs	No of volunteers Participated:26
Program	AWARENESS ACTIVITY ON WATER DAY			
Highlights of program	On 21st March 2025, in observance of World Water Day, NSS Units 706 and 230 of Mar Baselios College of Engineering and Technology (MBCET) organized an impactful awareness campaign focused on water conservation. As part of the initiative, students created and distributed informative stickers and brochures highlighting the importance of saving water and its vital role in sustaining life. These materials were thoughtfully placed in all washrooms and around water filters across the campus to remind and encourage everyone to use water wisely. The campaign aimed to instill a sense of responsibility among the college community toward preserving this precious resource.			



WORLD WATER DAY

Date	21-03-2025	Duration	6hrs	No of volunteers Participated:34
Program	WATER DAY ORIENTATION			
Highlights of program	On World Water Day, 22nd March 23, 2025, MBCET's Water Management Cell, in association with the Engineer's Federation of Kerala Water Authority, conducted an orientation program on preserving glaciers, aligned with the International Year for Glacier Preservation. NSS students actively engaged with experts, learning about glaciers' role in the water cycle and ecosystem. The program was inaugurated by Kerala's Minister of Irrigation, Mr. Roshy Augustine, who emphasized sustainable water management and glacier preservation. The session raised awareness about the urgent need to protect these vital water resources.			



BEACH CLEANUP

Date	22-03-2025	Duration	3hrs	No of volunteers Participated:19
Program	BEACH CLEANUP			
Highlights of program	<p>On 22nd March 2025, NSS Units 230 and 706 of Mar Baselios College of Engineering and Technology (MBCET) organized a beach cleanup drive at Shanghumugham Beach, Thiruvananthapuram, as part of their environmental conservation efforts. The volunteers actively took part in collecting plastic waste, litter, and other debris scattered along the shoreline, aiming to restore the natural beauty of the beach. Their dedicated involvement highlighted the importance of maintaining clean public spaces and spreading awareness about responsible waste disposal among the public.</p>			



TB AWARENESS RALLY

Date	24-03-2025	Duration	3hrs	No of volunteers Participated:29
Program	TB AWARENESS RALLY			
Highlights of program	<p>On 24th March 2025, in observance of World TB Day, a TB awareness rally was organized at Division Railway Hospital, Pettah, Thiruvananthapuram, to educate the public about tuberculosis and its prevention. NSS volunteers from Units 230 and 706 of Mar Baselios College of Engineering and Technology (MBCET) actively participated in the rally, carrying placards and raising slogans to spread awareness about the symptoms, treatment, and importance of early detection of TB. The event aimed to break the stigma associated with the disease and promote health consciousness among the community, reflecting the volunteers' dedication to public health and social welfare.</p>			



TB AWARENESS SESSION

Date	24-03-2025	Duration	1hr	No of volunteers Participated:29
Program	TB AWARENESS SESSION			
Highlights of program	<p>On 24th March 2025, in observance of World TB Day, an orientation session on tuberculosis awareness was conducted at Division Railway Hospital, Pettah, Thiruvananthapuram. NSS volunteers from Units 230 and 706 of Mar Baselios College of Engineering and Technology (MBCET) actively participated in organizing the event. The session, led by medical professionals, focused on educating attendees about the causes, symptoms, prevention, and treatment of TB. It aimed to dispel myths and promote early diagnosis, encouraging the public to take an active role in TB awareness and prevention.</p>			



FOOD DONATION 4.0

Date	28-03-2025	Duration	3hrs	No of volunteers Participated:26
Program	FOOD DONATION 3.0			
Highlights of program	<p>On 28th March 2025, NSS Units 706 and 230 of Mar Baselios College of Engineering and Technology (MBCET) carried out their fourth food donation drive near the Government Medical College and Regional Cancer Centre (RCC) in Thiruvananthapuram. As part of their ongoing community outreach efforts, the volunteers distributed around 80 food packets to bystanders of patients and others in need. The event was marked by the active participation of NSS volunteers who ensured the food was distributed with care and dignity. The initiative continued to reflect the values of empathy and service, reinforcing the importance of supporting those facing difficult times.</p>			



ORIENTATION ABOUT BEHAVIOURAL & EMOTIONAL CHALLENGES

Date	28-03-2025	Duration	3hrs	No of volunteers Participated:35
Program	ORIENTATION ABOUT BEHAVIOURAL AND EMOTIONAL CHALLENGES			
Highlights of program	On 28th March 2025, an orientation program on behavioural and emotional challenges was conducted at Mar Baselios College of Engineering and Technology (MBCET) to raise awareness and provide guidance on managing psychosocial issues among students. NSS volunteers from Units 706 and 230 played an active role in organizing and coordinating the session, ensuring its smooth flow. They also attentively participated in the program, engaging with the content and making the most of the valuable insights shared. The session proved to be informative and impactful, encouraging students to better understand and address emotional well-being in their daily lives.			



POSTER MAKING COMPETITION

Date	28-03-2025	Duration	2hrs	No of volunteers Participated:25
Program	POSTER MAKING COMPETITION			
Highlights of program	On 28th March 2025, NSS Units 706 and 230 of Mar Baselios College of Engineering and Technology (MBCET), in collaboration with the Waste Management Cell, organized an offline poster-making competition to raise awareness about waste management. The event aimed to encourage creativity and spread important messages about proper waste disposal, recycling, and sustainable living. The topic of the competition was “Waste Management Awareness,” and it saw enthusiastic participation from NSS volunteers, who showcased their artistic skills and commitment to environmental causes. The event not only highlighted the significance of responsible waste handling but also inspired students to adopt eco-friendly practices in their daily lives.			





POSTER MAKING COMPETITION

MODE : OFFLINE
DATE : 28 MARCH 2025

THEME : WASTE MANAGEMENT AWARENESS


PRIZE : ₹500


Register At:



OR
<https://forms.gle/36ebm8x40PnMBCZAO>

TIME & VENUE WILL BE INFORMED LATER







POSTER MAKING COMPETITION

WINNERS



HARISH H
5th ECE



RUTHU KANHAL
5th ECE



BOUVIN DOSE
5th ECE

CONGRATULATIONS

NSS MBCET unit 230 & 706 and Waste Management Cell organizes

Poster Making Competition

28 th March , 2025

Theme : Waste Management Awareness

