

Program Schedule

Inauguration: 9:30 am- 10:00 am

Date	Time	Title & Speaker
19/05/25	10.00 am-12.00 pm	“Understanding adolescence and young adults” Dr. U.S Udayachandran Thampy
	1:30 pm – 3:30 pm	“Role of teachers in identifying and managing students with stress and emotional problems” Dr. Biji V
20/05/25	10.00 am-12.00 pm	“Life skills and psycho-social competence” Dr. Arun B. Nair
	1:30 pm – 3:30 pm	“Counselling and Mentoring for Emotional Development” Dr. Mercy Joy Sebastian
21/05/25	10.00 am-12.00 pm	“Mentoring program across ages” Dr. Bijuna Kunju
	1:30 pm – 2:30 pm	“Emotional Counselling and Mentoring ” Mr. Jobin A.

Registration

All participants are requested to complete the online registration form through the following link,

<https://forms.gle/73z75gqJd86Edt9f9>

Registration Deadline: **15th May 2025**

Registration Fee

External participants – Rs. 1000/-

Internal participants – Rs. 500/-

The payment can be made in the QR code shared in the google form.

Mode of conduct: Offline mode

Venue: SENATUS HALL, MBCET

Certification:

An e-Certificate will be issued to those participants who attend all the sessions of the program.

Coordinator

Ms. Akhila K. Jose
Assistant Professor
Department of S & H
Mob: 9745083015

Co-Coordinator

Dr. Shinu Asmy V.S
Assistant Professor
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MAR BASELIOS
COLLEGE OF ENGINEERING AND TECHNOLOGY
AUTONOMOUS

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Three day FDP on

**MENTORING MATTERS:
STRATEGIES FOR EFFECTIVE
ACADEMIC COUNSELLING
19/05/2025 – 21/05/2025**

Organized by
**Department of Science and Humanities
Mar Baselios College of Engineering and Technology**



About the Institution

Mar Baselios College of Engineering and Technology (MBCET) is a prominent autonomous engineering institution located in Thiruvananthapuram, Kerala. Established in July 2002, it is affiliated with APJ Abdul Kalam Technological University (KTU) and is approved by the All India Council for Technical Education (AICTE).

MBCET offers B.Tech and M.Tech programs. The institution is an approved research centre under APJ Abdul Kalam Technological University, Kerala. The MBCET campus provides an ideal milieu for academic pursuits.

The Department of Science & Humanities was a founding department in the college. It offers courses in Engineering Mathematics, Engineering Physics, Engineering Chemistry, Professional communication and Economics within the Engineering curricula. The department upholds a high standard when it comes to the development of young brains. The Department caters to the overall development of the students through seminars, workshops, and personality development programs.

About the FDP

This Faculty Development Program (FDP) aims to enhance faculty skills in providing guidance, support, and encouragement to students, fostering a more supportive and successful learning environment.

Key Aspects:

- Understanding the role of mentors and mentees
- Building rapport and communication skills
- Addressing student needs
- Developing mentoring strategies
- Facilitating student growth and development
- Promoting a supportive learning environment

Who can apply

Faculty members from Engineering colleges, Arts & Science Colleges, University departments and Research institutes are eligible to attend this FDP.

Resource Persons



Dr. U.S Udayachandran Thampy
Consultant Psychologist, Life Skill Trainer, Assistant Professor (Physics), University College, Thiruvananthapuram, Kerala, India

Dr. Biji V.
Clinical Psychologist, Mental Health Centre, Peroorkada, Thiruvananthapuram, Kerala, India



Dr. Arun B. Nair
Psychiatrist, Govt. Medical College, Thiruvananthapuram, Kerala, India

Dr. Mercy Joy Sebastian
Assistant Professor, Dept. of Psychiatry, Govt. Medical College, Thiruvananthapuram, Kerala, India



Dr. Bijuna Kunju
Professor, TKM College of Engineering, Kollam, Kerala, India

Mr. Jobin A.
Clinical Psychologist, Mental Health Centre, Peroorkada, Thiruvananthapuram, Kerala, India

