


NATIONAL SERVICE SCHEME



ACTIVITY DETAILS 2023-24

Unit Number:230 & 706

	<p>Mar Baselios College of Engineering and Technology</p> <p>Mar Ivanios Vidyanagar, P.O, Nalanchira, Thiruvananthapuram, Kerala 695015</p>
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AFFILIATED TO NATIONAL SERVICE SCHEME CELL OF
APJ ABDUL KALAM TECHNOLOGICAL UNIVERSITY

Date	28/02/23	Duration	6 hr
Program	<u>Blood Donation</u>		
Highlights of program	<p>NSS of Mar Baselios College of Engineering and Technology in collaboration with Sree Chitra Thirunal Institute for Medical Science and Technology College and Phoenix Trivandrum organized a Blood Donation Campaign at Mar Baselios College of Engineering and Technology. Students from all years donated blood, receiving 52 units of blood in total as part of blood donation campaign.</p>		



Date	11/05/23	Duration	4 hrs
Program	<u>Old Age home visit and cleaning</u>		
Highlights of program	<p>NSS MBCET visited Old age home Snehaveedu as part of Swachh Bharat Mission awareness campaign. There were 60 inmates residing in the old age home. NSS team interacted with all for managing the waste and cleanliness issues. The NSS team also assessed the cleanliness maintained by the trust in the old age home in the various places such as kitchen, dining hall, rooms provided to inmates, washrooms, etc. A total of 27 students participated.</p>		



Date	21/05/23	Duration	2 hrs
Program	Blood Donation Orientation		
Highlights of program	<p>NSS MBCET conducted a blood donation orientation for the students to make them aware about how valuable and important it is to donate blood. Details regarding the blood donation were also informed and health benefits regarding the blood donation was taught. A total of 28 students participated in the session.</p>		



Date	30/05/23	Duration	3 hr
Program	<u>Neyyar Dam Cleaning</u>		
Highlights of program	<p>On 30/05/23 NSS MBCET Volunteer students have effectively participated in cleaning the premises of Neyyar Dam in order to preserve its beauty and provide awareness to the society and to stop polluting nature and to care for it. Every student actively participated in cleaning the dam surroundings, a total of 26 students participated in the event.</p>		



Date	04/06/23	Duration	3 hrs
Program	<u>World Environment Day</u>		
Highlights of program	<p>The NSS units of MBCET students cleaned the campus as a part of “World Environment Day”. Around 28 volunteers participated in cleaning there by creating an awareness regarding the Environment day. A poster and video was also circulated among volunteers to create awareness regarding importance of being responsible towards the society.</p>		



Date	05/06/23	Duration	2 hrs
Program	<u>World Environment Day</u>		
Highlights of program	The NSS units of MBCET celebrated the World Environment Day 2023 on 5th of June. The NSS volunteers celebrated the day by planting different saplings in the gardens of their homes. A total of 20 volunteers participated.		



Date	05/06/23	Duration	4 hrs
Program	<u>World Environment Day</u>		
Highlights of program	The NSS units of MBCET were able to participate in the World Environment Day Cleaning program organized by the NSS KTU. students from different institutions were there and together we created an awareness to the society regarding the importance of cleaning our society. A total of 11 students participated in the event.		



Date	18/06/23	Duration	5 hr
Program	<u>BEACH CLEAN</u>		
Highlights of program	<p>As part of continuation of environmental day celebration volunteers of NSS unit no. 706 & 230 of Mar Baselios College of Engineering and Technology along with the SUSTHIRA community organized a beach cleanup program at Sanghumukham beach on June 18, Volunteers of MBCET NSS along with SUSTHIRA volunteers collected more than 15 bags of plastic and bottles etc were handed over to corporation .The motto of this campaign was to see a future where no beach cleanup is needed .Under the guidance of program officers the volunteers worked hard and separated the wastes. A total of 34 students participated.</p>		



Date	15 /07/23	Duration	3 hrs
Program	<u>ENERGY CONSERVATION POSTER MAKING COMPETITION</u>		
Highlights of program	<p>On December 14, 2023, in observance of Energy Conservation Day, the IEI & NSS at Mar Baselios College of Engineering and Technology organized a Poster Making Competition to foster awareness and encourage creative expression on energy saving. The competition attracted 26 innovative entries, reflecting the participants' understanding and commitment to energy conservation. Following a thorough evaluation, the first and second prize winners were selected, receiving cash prizes of ₹500 and ₹250, respectively. This event not only highlighted the artistic talents of the students but also emphasized the importance of individual efforts in energy conservation. The successful competition served as a reminder of the crucial role everyone plays in achieving sustainability and protecting our environment for future generations</p>		



Date	15/07/23	Duration	6 hrs
Program	<u>ON-SITE</u>		
Highlights of program	<p>On a collaborative venture, NSS of MBCET, together with IET MBCET, organized ‘ON-SIET’, a significant clean-up drive at Vellanikkal Paramukal Viewpoint and Thampuram Para. The seamless teamwork between the two communities played a pivotal role in the success of this event. Volunteers, accompanied by their program officer, Revathy, and IET staff coordinator, Soumya, traveled by college bus to the sites.</p> <p>The enthusiasm was palpable among all members, who were excited for the opportunity to contribute positively to the environment while enjoying the camaraderie of the team. This initiative not only cleaned up important local sites but also strengthened community bonds and showcased the spirit of volunteerism. A total of 46 students participated.</p>		



Date	15/08/23	Duration	1 hrs
Program	<u>Independence Day</u>		
Highlights of program	<p>On August 15, 2023, NSS MBCET celebrated Independence Day with patriotic fervor. The event kicked off at 8:30am, with the national flag being hoisted by the Bursar and the Principal, who also delivered inspiring Independence Day messages. The celebration included the distribution of sweets, emphasizing unity and joy. Volunteers took the opportunity to express their thoughts on independence and the importance of an anti-drug society. A total of 20 volunteers participated, marking the day with a strong sense of national pride and community spirit..</p>		



Date	15/08/2023	Duration	1hr
Program	<u>SELFIE WITH THE FLAG</u>		
Highlights of program	As part of the Independence Day celebration, NSS of Mar Baselios College of Engineering and Technology conducted an online event to upload images of students with our national flag to display their gratitude towards the nation and their creativity through a google drive link. A total of 18 students participated in the event.		



Date	19/08/2023	Duration	2 hr
Program	<u>EXECOM MEET UP</u>		
Highlights of program	<p>On August 19, NSS MBCET convened a meeting involving both current and upcoming executive committee members to strategize for future events. This session facilitated a seamless transition and planning phase, ensuring that new members were well-integrated and informed about their roles and the expectations ahead. The gathering was pivotal in setting the tone and direction for forthcoming activities, aligning all members towards a unified goal. A total of 21 students participated in the event.</p>		



Date	01/09/23	Duration	3 hr
Program	<u>Energy Survey</u>		
Highlights of program	NSS MBCET conducted an energy survey on 01/09/23 by splitting students into different groups and noting down the details of energy usage in each house. All the details like the appliances used and the energy consumed were notes. A total of 55 surveys from different houses were taken.		



Date	09 /09/23 & 10/09/23	Duration	6 hr
Program	<u>SURAKSHAYANAM PACE CAMP</u>		
Highlights of program	<p>As part of Surakshayanam PACE, our volunteers attended a 2-day camp on September 9th and 10th at SCMS College, Ernakulam, aimed at raising awareness about road safety and attentive driving practices. The event, featuring workshops, interactive sessions, and real-life simulations, highlighted the dangers of negligent driving habits.</p> <p>Participants gained insights into defensive driving techniques, traffic regulations adherence, and maintaining focus while driving. This transformative experience ignited a passion for road safety advocacy and instilled a sense of responsibility among attendees, fostering a culture of vigilance and accountability for safer driving practices benefiting all road users. A total of 4 students participated in the event.</p>		



Date	15/09/23	Duration	2 hr
Program	<u>FOOD DONATION 1.0</u>		
Highlights of program	<p>MBCET NSS organized a 'Food Distribution' event on September 15th, 2023, with the motivating motto <i>"If you can't feed a hundred people, then feed just one."</i> The active involvement of students and faculty members resulted in the collection of a significant number of 50 food packets, which were successfully distributed to those in need at RCC, Trivandrum.</p> <p>Under the guidance of Coordinator Praveen sir, volunteers distributed food near RCC Center, Medical College Trivandrum. The program witnessed overwhelming participation and was marked by its successful execution. We are deeply grateful that our service-minded approach managed to alleviate the hunger of many individuals in our community. A total of 58 students participated.</p>		



Date	24/09/23	Duration	2 hr
Program	<u>NSS DAY</u>		
Highlights of program	<p>During 'The NSS Week,' NSS MBCET innovatively included an online meeting among their roster of activities, focusing on open dialogue and community feedback. This session offered volunteers a platform for free expression, allowing them to share insights and suggestions about the community's operational dynamics.</p> <p>The interactive nature of the meeting ensured that all volunteers had the opportunity to voice their opinions, leading to a constructive exchange of ideas. This proactive approach effectively cleared any doubts regarding event planning and execution, reinforcing a sense of inclusivity and mutual respect within the community. The initiative demonstrated a commitment to continuous improvement and volunteer engagement. A total of 33 students participate.</p>		



Date	24/09/23	Duration	2 hr
Program	<u>POSTER MAKING COMPETITION</u>		
Highlights of program	<p>As part of NSS DAY 2023, NSS MBCET UNIT organized a Poster Making Competition with the theme "Unity in Diversity: Serving Together, Growing Together." This online event aimed to celebrate the spirit of unity amidst diversity and encourage participants to showcase their creativity and artistic skills through poster designing.</p> <p>Registration links and detailed guidelines were provided, ensuring smooth participation from interested individuals. The competition received enthusiastic responses, and participants from diverse backgrounds demonstrated their creative prowess through their submissions..</p> <p>The event exemplified the power of art in conveying messages of unity and inclusiveness, reflecting the essence of NSS day 2023. A total of 9 students participated.</p>		



Date	28/09/23	Duration	2 hr
Program	<u>INTERNATIONAL SIGN LANGUAGE DAY</u>		
Highlights of program	<p>Too many people see sign language as a performance art instead of a living, breathing language. As a part of ‘International Deaf Week’ and ‘International Sign Language Day’, NSS MBCET presents a Gmeet on 28/09/23. It was a one-hour session in which trained staff from NISH Kazhakootam would make our volunteers understand basic sign languages that can be used at random. Our volunteers attended the session very actively where they would turn their cameras on and try imitating the trainers instructions. A total of 31 students participated in the session.</p>		



Date	29/09/23	Duration	2hr
Program	<u>HEART DAY</u>		
Highlights of program	<p>On 29/09/23, MBCET NSS celebrated world ‘Heart Day’ at campus. The day was celebrated by pinning small badges as a sign of conveying the message to increase public awareness of cardiovascular diseases, including their prevention and their global impact. Along with our volunteers, both teaching and non-teaching staff joined hands in celebrating the day together. A total of 67 students participated.</p>		



Date	1/10/23	Duration	6 hr
Program	<u>SWACHATA PAKHWARA</u>		
Highlights of program	<p>NSS of Mar Baselios College of Engineering and Technology associated with central railway at Thampanoor Central Railway station, Trivandrum. The NSS volunteers of MBCET College actively participated and attended the programme. There was active participation of more than 250 volunteers and it was a great privilege for the NSS unit of MBCET to conduct a cleaning programme with Central Railway. The programme was inaugurated at 10am. It was headed by our Program officers, Revathy ma'am and Praveen Sir . After the speech there was a cleaning session followed by an orientation session. The cleaning staff of the railway were actively helping the volunteers and led the event to a great success. A total of 101 students participated.</p>		



Date	31/10/23	Duration	2 hr
Program	<u>NATIONAL UNITY DAY</u>		
Highlights of program	<p>On October 31, 2023, Mar Baselios College of Engineering and Technology's NSS commemorated National Unity Day, honoring the birth anniversary of Sardar Vallabhbhai Patel, a key figure in India's unification. The celebration began at 8:30 am with Dr. Abhram T Mathew, the Principal, hoisting the national flag and delivering an insightful speech. This was followed by volunteers expressing their views on unity. The event, coordinated by program officers Revathy and Praveen, also featured a unique activity where volunteers left thumb impressions on a chart, symbolizing unity, now displayed on the College NSS board. The day concluded with the distribution of sweets among the 25 attending volunteers, celebrating the spirit of togetherness and national pride.</p>		



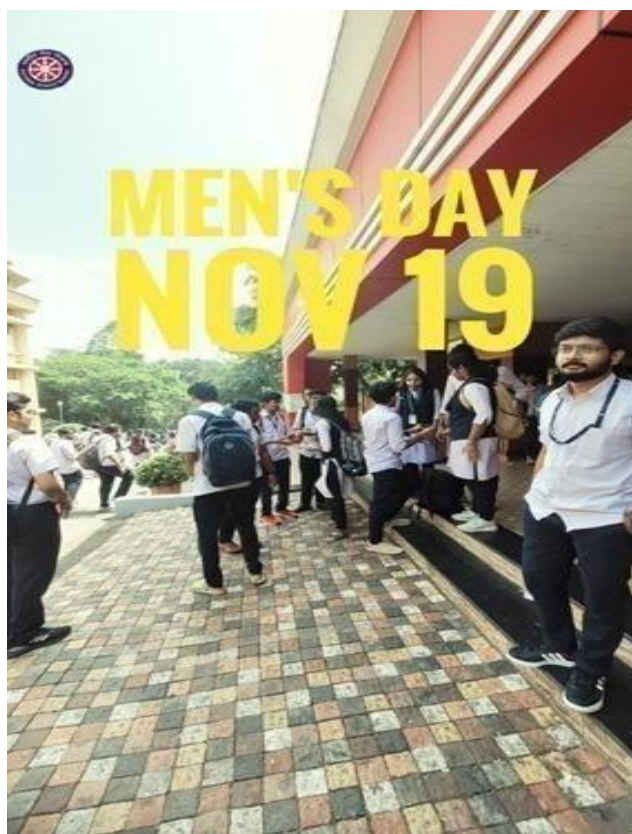
Date	4-11-23	Duration	3 hr
Program	<u>ANTI-DRUG CAMPAIGN</u>		
Highlights of program	<p>On November 4, 2023, Mar Baselios College of Engineering and Technology hosted an impact Anti-Drug Campaign, marking a significant effort to combat drug abuse within the community. This initiative aimed to enlighten students and faculty about the severe risks associated with drug misuse, fostering a culture of prevention and healthy living choices.</p> <p>This proactive approach underscores the college's commitment to safeguarding the well-being of its students and contributing to the broader fight against drug abuse. A total of 59 students participated</p>		



Date	17/11/23	Duration	2 hr
Program	<u>STUDENTS DAY</u>		
Highlights of program	<p>International Students' Day was celebrated by the NSS MBCET on 17th November 2023. The dedicated volunteers distributed chocolates to the students, which fostered a sense of unity and spreaded joy and sweetness among students on this special occasion. It was a heartwarming gesture to acknowledge the importance of students in our community and to celebrate their diverse backgrounds and contributions. A total of 43 students participated.</p>		



Date	17/11/23	Duration	2 hr
Program	<u>MEN'S DAY</u>		
Highlights of program	<p>On November 17, 2023, the NSS volunteers of Mar Baselios College of Engineering and Technology undertook a commendable initiative by conducting a visual survey to educate and inform students about the significance of International Men's Day. This day, often overshadowed, highlights important issues affecting men and promotes positive male role models. The survey was designed to engage students in meaningful discussions, shedding light on the day's importance and encouraging a broader understanding of men's mental health, gender equality, and the challenges they face. A total of 47 students participated.</p>		



Date	26/11/23	Duration	2hr
Program	<u>Constitution Day</u>		
Highlights of program	<p>As part of the constitutional day our NSS MBCET celebrated by hoisting the national flag on 26/11/2023. The event commenced by reciting “Manava geetham” by NSS choir and later on the flag was hoisted by the Principal and the Bursar of the college. Volunteer secretary read the Preamble, fundamental duties of the citizen. All the assembled volunteers took the constitution pledge. Principal ignited the volunteers' minds by giving a speech about the importance and characteristics of the constitution. A total of 23 students participated in the event.</p>		



Date	26-11-23	Duration	3 hr
Program	<u>Violence Against Women</u>		
Highlights of program	<p>On November 26, 2023, to mark the International Day for the Elimination of Violence against Women, NSS MBCET and ISTE MBCET hosted a poignant street play at Kanakakunnu Palace, Trivandrum. The event, inaugurated by Mrs. Sunanda Nalini, former Chairperson of the Child Welfare Committee, aimed to raise awareness and spark dialogue on the pressing issue of violence against women. Through powerful performances, the participants conveyed urgent messages about respect, equality, and the critical need for societal change, making a significant impact on the audience and the broader community. A total of 26 students participated.</p>		



Date	30/11/23	Duration	2 hrs
Program	Blood Donation Orientation		
Highlights of program	NSS MBCET conducted a blood donation orientation on 30/11/23. Shri brahmanayagam presided over the session, by sharing his 1st experience with blood donation and thereby motivating students to be one to save one's life. A total of 54 students participated in the session		



Date	30/11/23	Duration	3 hr
Program	<u>Blood Donation</u>		
Highlights of program	<p>On November 30, 2023, Mar Baselios College of Engineering and Technology hosted a vital blood donation camp, showcasing the collective effort of the college community towards a noble cause. This significant event was the result of a collaborative effort between the college and esteemed organizations, including E-nix, Sree chithra Thirunal Institute of Medical Science and Technology, Phoenix MBCET, and Illumina MBCET.</p> <p>Despite receiving over 80 willing participants, the camp successfully collected 47 units of blood, a testament to the spirit of volunteerism among the students and staff.</p>		



Date	14/12/23	Duration	2 hr
Program	<u>Energy Conservation Day</u>		
Highlights of program	As a part of Energy Conservation day on 14/12/23, NSS MBCET celebrated the day by organizing a session regarding energy conservation to give awareness to the students about what energy conservation is and its importance in day today life. There was a detailed session on the use and importance of renewable energy, a total of 15 students participated in the session.		



Date	21/12/23	Duration	2 hr
Program	<u>Food Donation Camp 3.0</u>		
Highlights of program	<p>On NSS unit no. 230 of Mar Baselios College of Engineering and Technology conducted a 'Food Donation' program near Trivandrum Medical College on 21st December 2023. A one-week prior notice was circulated regarding the same among students and faculties. The food packets were collected from the students during working hours and distributed among the needy persons. The packet distribution was done around 1pm. A total of 57 students bought food as a part of their contribution for the food donation campaign.</p>		



Date	28/12/23	Duration	4 hr
Program	<u>Hospital Visit and Cleaning</u>		
Highlights of program	<p>On 28/12/23, NSS MBCET volunteers visited and cleaned the premises of St. John's hospital Pirappencode. Thereby providing an awareness to keep the environment clean for a healthy lifestyle. We even shared time with the patients, a total of 29 students participated in the event.</p>		



Date	26/01/24	Duration	2 hr
Program	<u>REPUBLIC DAY</u>		
Highlights of program	<p>On January 26, 2024, volunteers at Mar Baselios College of Engineering and Technology gathered to celebrate Republic Day, a pivotal moment of national pride. The ceremony commenced with the hoisting of the Indian flag, a symbol of the country's unity and freedom, by the respected Principal. This act of patriotism was followed by the distribution of sweets, symbolizing the joy and solidarity among those present.</p> <p>The celebration was a heartfelt tribute to the nation, embodying the spirit of unity and respect for the country's rich heritage. A total of 21 students participated.</p>		



Date	28/02/24	Duration	6 hr
Program	<u>Blood Donation</u>		
Highlights of program	<p>NSS of Mar Baselios College of Engineering and Technology in collaboration with Sree Chitra Thirunal Institute for Medical Science and Technology College and Phoenix Trivandrum organized a Blood Donation Campaign at Mar Baselios College of Engineering and Technology. Students from all years donated blood, receiving 52 units of blood in total as part of blood donation campaign.</p>		



Date	01/03/24	Duration	2 hr
Program	<u>FOOD DONATION 2.0</u>		
Highlights of program	<p>On 1st March, 2023, NSS MBCET came together for a commendable cause, organizing a 'Food Distribution' event under the inspiring motto, "If you can't feed a hundred people, then feed just one." Spearheaded by Coordinator Praveen sir, the event saw enthusiastic participation from both students and faculty, contributing to a large collection of food packets. These were distributed to the needy around the RCC Center, Medical College Trivandrum. The initiative not only demonstrated the community's commitment to service but also significantly impacted the lives of many, easing hunger in a tangible, meaningful way. A total of 78 food packets were distributed.</p>		



Date	02/03/24 & 03/03/24	Duration	6 hr
Program	<u>ROAD SAFETY CAMP</u>		
Highlights of program	<p>On March 2nd and 3rd, 2024, volunteers from NSS at MBCET took part in a pivotal two-day road safety camp at St. Mary's College, Thiruvananthapuram. This camp served as an educational platform, enlightening volunteers on the critical importance of road safety and the role it plays in fostering safer communities.</p> <p>Through a series of awareness programs, participants were equipped with valuable knowledge and skills, aligning closely with the NSS movement's core values of social responsibility and community service. The event emphasized the collective responsibility towards ensuring safer roads, marking a significant step forward in the journey towards achieving this goal, 2 students participated.</p>		



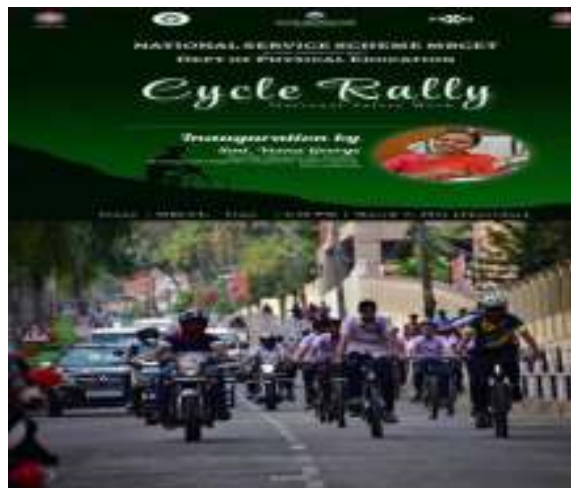
Date	03/03/24	Duration	1 hr
Program	<u>VOLUNTEER MEETING</u>		
Highlights of program	As part of concluding one academic year S6 student volunteers shared their experience with other NSS volunteers. Initiated the works for next academic year and paved the way for recruiting next volunteer secretaries and core team.		



Date	04/03/24	Duration	5 hr
Program	<p><u>LAYING THE FOUNDATION OF</u> <u>THE GENERAL BLOCK AT</u> <u>VILAPPILSALA</u></p>		
Highlights of program	<p>NSS of Mar Baselios College of Engineering and Technology significantly contributed to laying the foundation for the General Block at Vilappilsala, inaugurated by Kerala's Chief Minister, Mr. Pinarayi Vijayan. The event, attended by over 200 individuals including ministers, featured cultural events and refreshments, marking a successful and collaborative effort. A total of 21 students participated.</p>		



Date	07/03/24	Duration	3 hrs
Program	<u>CYCLE RALLY</u>		
Highlights of program	<p>On World Safety Day, March 7th, 2023, NSS MBCET organized a cycle rally from Nalanda to Kesavadasapuram to highlight the significance of safety awareness. The event, graced by Health Minister Miss Veena George as the chief guest, also featured an impactful flash mob that creatively emphasized the importance of safety measures. This initiative not only showcased the commitment of NSS MBCET to promote safety in daily life but also engaged the community in a meaningful conversation about preventive measures, making the event a resonant success in advocating for a safer world. A total of 34 students participated.</p>		



Date	09/03/24	Duration	5 hr
Program	<u>Essential Distribution to tribes</u>		
Highlights of program	NSS MBCET collected food and cloth essentials, sorted clothes as per age group and gender and distributed them to 30 families of Kani adivasi colony at kottoor panchayath,Vellanad. NSS volunteers also performed various cultural activities to bring happiness to them. A total of 28 students participated in the event.		



Date	30/03/24	Duration	6 hr
Program	<u>WORKSHOP ON “ DOCUMENTATION AND REVISED FINANCIAL GUIDELINES”</u>		
Highlights of program	As per the revised guidelines of finance commission detailed one day workshop was conducted at St.Thomas college Trivandrum.As part of attending workshop programme officer Revathy and student volunteers attended the meeting. A total of 4 students and a staff participated.		



REPORT OF SEVEN DAY SPECIAL CAMP

Day 1(07/03/2024)

SL No	Program	Resource person
1.	Camp registration	
2.	Welcome session	Mr.Sujith Surendran
3.	Ice breaking session	Senior volunteers
4.	Camp evaluation	

Seven day special camp of NSS units 230 and 706 was started on 07/03/2024 at Mar Baselios College of Engineering And Technology. A welcome session ,which had been an ice breaking session ,was handled by Mr.Sujith Surendran .His spirited welcome infused the camp with positivity and energy, laying a strong foundation for the week ahead. Ice breaking session was held by the senior volunteers and camp evaluation was held.



Day 2(08/03/2024)

SL No	Program	Resource person
1.	Physical exercise/ Yoga	
2.	Morning assembly	
3.	Camp shifting	

4.	Arrangement of camp	
5.	Motivational class	Mr. Brahmanayakam Mahadevan
6.	Cultural events	
	Field work	
	1. Arrangement of camp	

After physical exercise and morning assembly the camp was shifted to Viswadeepthi English Medium School, Kattakkada. After arranging the camp place , Mr. Brahmanayakam Mahadevan delivered a motivational class which encouraged the students to embrace the spirit of service and self-improvement, igniting a sense of purpose among the participants. After that, a cultural program was held by the volunteers .



Day 3(09/03/2024)

SL No	Program	
1.	Physical exercise/ Parade practice	
2.	Morning assembly	
3.	Community visit	At Kuttoor tribal village
4.	Cleaning programmes	At Viswadeepthi English Medium School
5.	Cultural events	
6.	Camp evaluation	
	Field work	
	1. Community visit 2. Cleaning programmes	

On day three after physical exercise and morning assembly, there was a community outreach, with a visit to Kuttoor tribal village .The programme was inaugurated by Rev. Fr. John Varghese Palanilkunnathil , Bursar of MBCET. Different cultural programmes had been performed by both the volunteers and the residents out there. Collected food commodities and the dress were equally distributed among families of the colony. After lunch, volunteers were engaged in cleaning the surroundings of Viswadeepthi English Medium School. After the cultural program and camp evaluation volunteers went for sleep.





Day 4(10/03/2024)

SL No	Program	Resource person
1.	Physical exercise/ Parade practice	
2.	Morning assembly	
3.	Interactive session	Dr. Remil George Thomas
4.	Energy audit	
5.	Cultural events	
6.	Camp evaluation	
	Field work	
	1. Beautification of the camp surroundings 2. Painting of school wall	

On day four after physical exercise and morning assembly , Dr. Remil George Thomas led a session aimed at fostering deeper connections among the participants, facilitating meaningful interactions and mutual understanding. After lunch, volunteers divided into four groups ,and an energy audit was done on 22 nearby houses, providing valuable insights into sustainable living practices and environmental conservation efforts.Following the energy audit the beautification of the camp surroundings and painting of the school wall was held. After the cultural program and camp evaluation volunteers went for sleep.



Day 5(11/03/2024)

SL No	Program	Resource person
1.	Physical exercise/ Parade practice	
2.	Morning assembly	
3.	Open jail Visit	At Nettukalther
4.	Cultural events	
	Field work	
	1. Beautification of the camp surroundings 2. Painting of school wall	

On day five after physical exercise and morning assembly ,participants had the unique opportunity to visit Nettukaltheri open jail, gaining firsthand experience and insights into the rehabilitation efforts within the criminal justice system. This visit aimed to broaden the students' perspectives on social issues and promote empathy and understanding towards marginalized populations. After lunch ,the beautification of the camp surroundings and painting of the school wall was held. Later at night students were engaged in the cultural programmes



Day 6(12/03/2024)

SL No	Program	Resource person
1.	Physical exercise/ Parade practice	
2.	Morning assembly	
3.	Orphanage Visit	At Providence Home Orphanage , Killy
4.	Sneharavam scheme	
5.	Cultural activities	
	Field work	
	1. Providence Home Orphanage Visit 2. Sneharavam scheme	

On day six, the day started with a visit to Providence Home Orphanage in Killy, where students engaged with orphaned children, spreading joy and support. The students performed cultural events, and some of the children joined in. This compassionate outreach highlighted the importance of empathy, compassion, and solidarity in building a more inclusive society. Following lunch ,participants explored the Sneharavam scheme, which provides shelter and support to the homeless, further deepening their understanding of social welfare initiatives. After that, a cultural event was held where all the volunteers participated.



Day 7(13/03/2024)

SL No	Program	Resource person
1.	Morning assembly	
2.	Reflective analysis session	

After morning assembly , a reflective analysis session was held , allowing participants to introspect on their experiences, learnings, and personal growth throughout the week. This reflective exercise encouraged students to internalize the lessons learned and carry forward the spirit of NSS in their future endeavors. With hearts full of gratitude and minds enriched with newfound insights, participants departed at 12:00 pm, ready to make a positive impact in their communities.



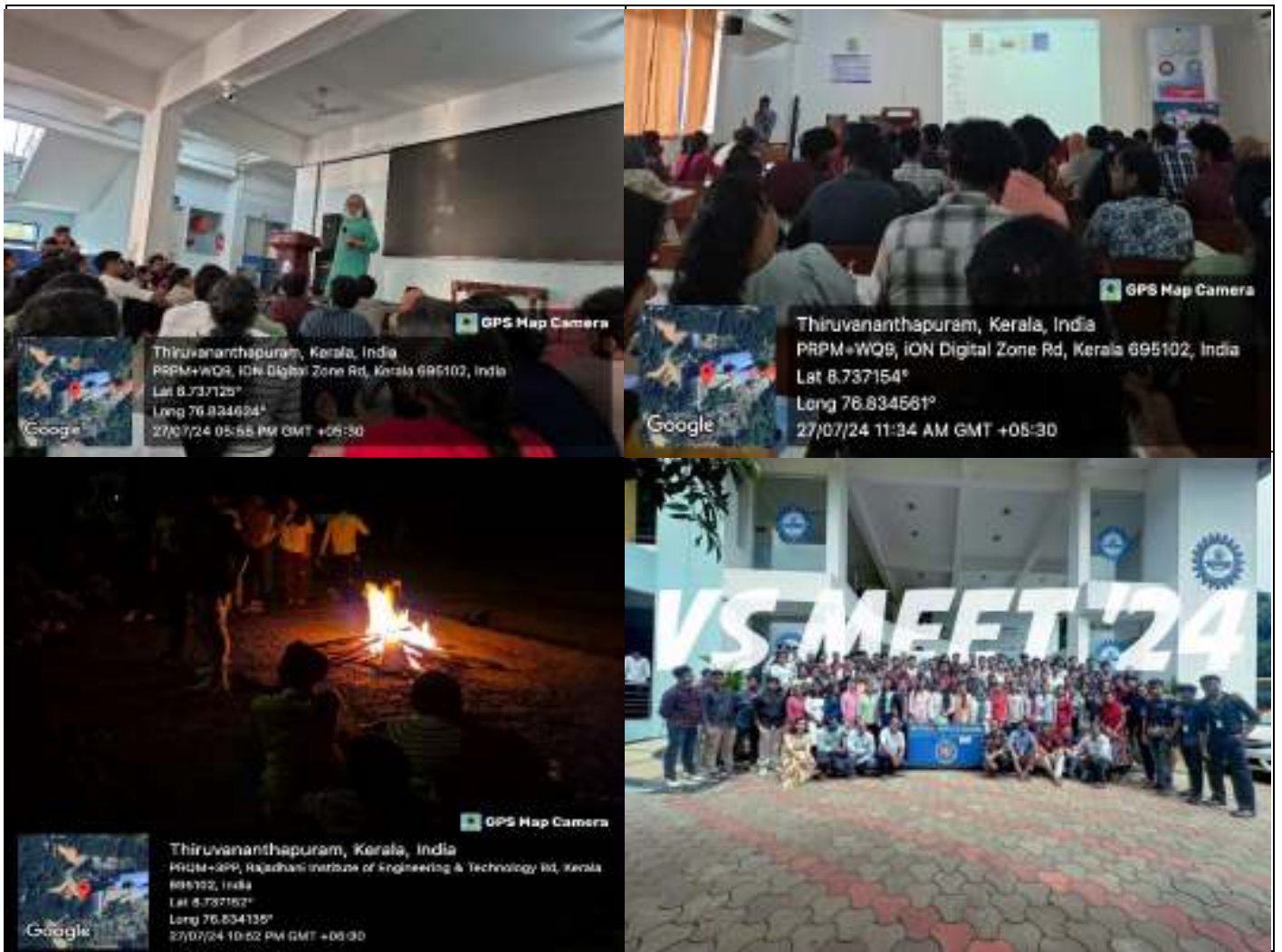
ONE DAY CAMP

Date	20-07-2024	Duration	10hrs	No of volunteers Participated: 40
Program	1 Day Residential NSS Camp			
Highlights of program	<p>On July 20, 2024, the NSS unit of MBCET organized an engaging one-day residential camp for second-year students, beginning at 3 PM and concluding at 9 AM on July 21. The camp kicked off with an ice-breaking session and an orientation class led by Brahmananayakam Mahadevan Sir, setting a positive tone for the event. The evening was filled with a variety of games and cultural activities, fostering camaraderie and creativity among the participants. The festivities continued until midnight, culminating in a refreshing morning assembly where attendees engaged in exercises and discussed upcoming NSS programs. This well-rounded experience not only strengthened team spirit but also provided insights into future initiatives by the NSS unit.</p>			



VS MEET

Date	27&28-07-2024	Duration	2 Days	No of volunteers Participated:	4
Program	VS MEET'24				
Highlights of program	<p>The VS MEET for the volunteer secretaries (VS) of Trivandrum, Kollam, and Pathanamthitta took place on July 27 and 28, 2024, at Rajadhani Institute of Engineering and Technology, Attingal. This event was specifically organized to provide an introduction and overview to the newly selected VSs for the upcoming year. From MBCET, the participating VSs were Alakananda GS and Abhinav AA from UNIT 706, and Abhinav AS and Devika BA from UNIT 230. The meet aimed to equip these new leaders with essential insights and guidelines for their roles in the NSS units of their respective colleges.</p>				



Date	21-09-2024	Duration	3hrs	No of volunteers Participated:
Program	SWACHH SAGAR			
Highlights of program	On September 21, 2024, in celebration of International Coastal Clean-up Day, the National Centre for Earth Science Studies, in partnership with the Kerala State NSS Cell and NRPF Trivandrum region, organized a beach cleaning event at Kovalam Beach. NSS Units 230 and 706 of MBCET actively participated, with volunteers gathering at 7:30 am to remove litter and raise awareness about pollution. The event aimed to promote environmental responsibility and preserve the beauty of our coastline. Through this initiative, volunteers contributed to a cleaner ocean while educating beachgoers about the importance of protecting our marine ecosystems.			



TEACHERS' DAY

Date	05-09-2024	Duration	2hrs	No of volunteers Participated:
Program	TEACHERS'DAY			

<p>Highlights of program</p>	<p>On September 5, 2024, the NSS Units 230 and 706 of MBCET came together to celebrate Teachers' Day in a heartfelt manner. We expressed our appreciation by distributing sweets and presenting badges to our incredible teachers, each one symbolizing our gratitude and well wishes. The day was filled with smiles, laughter, and emotional moments, as we honored the dedication and guidance our teachers provide. Thank you for your unwavering commitment and inspiration that continues to shape our futures.</p>
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FOOD DONATION CAMP

Date	18-10-2024	Duration	2hrs	No of volunteers Participated: 5
Program	Food Donation Camp			
Highlights of program	<p>NSS units 706 and 230 of MBCET organized a food donation camp at the Regional Cancer Centre, Trivandrum, demonstrating their commitment to community welfare. The initiative aimed to support patients, bystanders, drivers, and others in need. Around 250 food packets, generously contributed by volunteers and well-wishers, were collected and distributed during the event. This thoughtful act of kindness provided nourishment and comfort, reflecting the true spirit of service and humanity upheld by the NSS units.</p>			



DRUG FREE CAMPAIGN FLASHMOB

Date	01-11-2024	Duration	1hr	No of volunteers Participated:	15
Program	Drug Free Awareness Campaign:Flashmob				
Highlights of program	On November 1, 2024, NSS MBCET Units 230 and 706, in collaboration with the Excise Department of Kerala, organized an electrifying flash mob at the OATMBCET to celebrate Kerala Piravi and promote the vital cause of a drug-free society. The event, held from 1:00 PM to 2:00 PM, showcased the energy and creativity of the volunteers through impactful dance and music performances. It successfully raised awareness about the dangers of drug abuse and encouraged positive lifestyle choices, leaving a meaningful impression on everyone who attended.				



EXECOM MEETUP

Date	27&28-07-2024	Duration	2hrs	No of volunteers Participated: 22
Program	EXECOM MEETUP			
Highlights of program	<p>The NSS units 230 and 706 of MBCET organized an Execom meetup to deliberate on future plans and strategies for upcoming activities. The session focused on brainstorming innovative programs and initiatives to enhance community engagement and social impact. Tasks and responsibilities were systematically divided among the members, ensuring efficient collaboration and execution. The meetup fostered teamwork and laid a strong foundation for organizing meaningful and impactful NSS activities in the future.</p>			



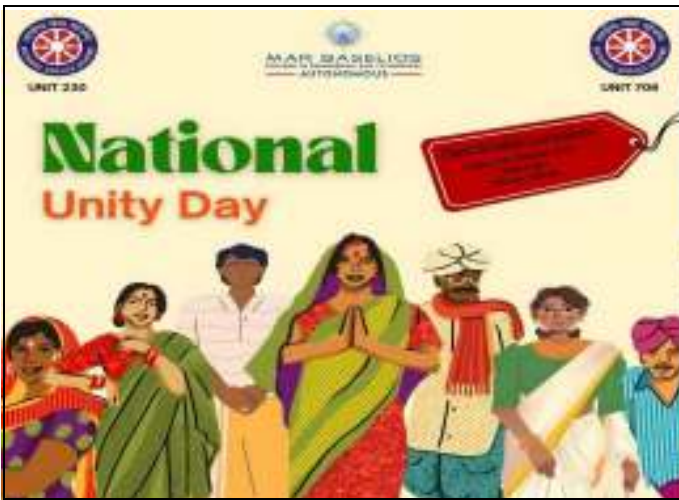
UNIVERSITY AWARD CEREMONY

Date	10-10-2024	Duration	2hrs	No of volunteers Participated: 150
Program	University Award Ceremony			
Highlights of program	<p>The University Award Ceremony was held on 10th October 2024 at Girideepam Convention Centre, Nalanchira, and was inaugurated by Dr. R. Bindu, the Minister for Higher Education and Social Justice of Kerala. The event served as a platform for the formation of ideas and plans to enhance student engagement and community development. NSS students from various colleges actively participated, showcasing their commitment to social initiatives. Notably, all MBCET students, including non-NSS volunteers, were present, reflecting the inclusive spirit of the occasion. A highlight of the ceremony was the award distribution, recognizing colleges for their outstanding contributions and excellence in various domains.</p>			



NATIONAL UNITY DAY

Date	31-10-2024	Duration	1hr	No of volunteers Participated: 22
Program	National Unity Day			
Highlights of program	On 31st October 2024, NSS Units 706 and 230 of MBCET celebrated National Unity Day with great enthusiasm and reverence. The program commenced at 8:00 AM with an assembly on the college premises, where the event began on a harmonious note with the singing of "Manavageetam." Following this, a solemn flag-hoisting ceremony was conducted, symbolizing the unity and integrity of the nation. The Principal and the Bursar graced the occasion with their presence and delivered inspiring speeches, highlighting the importance of National Unity Day and its role in fostering national integration and harmony. Their words motivated the attendees to uphold the ideals of unity and work collectively towards a stronger and united nation.			



KTU CARE REGIONAL MEET

Date	29-09-2024	Duration	6hrs	No of volunteers Participated:	3
Program	KTU CARE REGIONAL MEET 2024				
Highlights of program	<p>The KTU CARE Trivandrum Regional Meet was held on September 29, 2024, at Sree Chitra Thirunal College of Engineering and Technology, Trivandrum. Students from various engineering colleges in the Trivandrum region participated in the event. Abhinav A.A., Akshad Anoop, and Aravind Ajay represented MBCET as volunteers. The program began with an engaging ice-breaking session, followed by informative classes on palliative care activities to be implemented in colleges, focusing on their objectives and challenges. The meetup concluded in the evening, leaving participants inspired to contribute meaningfully to palliative care initiatives.</p>				



NRPF ORIENTATION CLASS

Date	16-10-2024	Duration	2hrs	No of volunteers Participated: 34
Program	NRPF ORIENTATION CLASS			
Highlights of program	An NRPF orientation class was conducted for the NSS volunteers of MBCET on 16th October 2024 at the college. The session was led by Bhavya Nair M., the NRPF Regional Coordinator, who provided valuable insights and awareness about initiatives like Thanal and Tree Tag. The session emphasized the importance of planting trees as a sustainable practice, including innovative ideas like planting trees to celebrate birthdays. The orientation inspired the volunteers to actively contribute to environmental conservation and community welfare through creative and impactful activities.			

