



**MAR BASELIOS COLLEGE OF
ENGINEERING AND
TECHNOLOGY**

TRIVANDRUM

**NSS UNIT 230
ANNUAL REPORT 2022-23**

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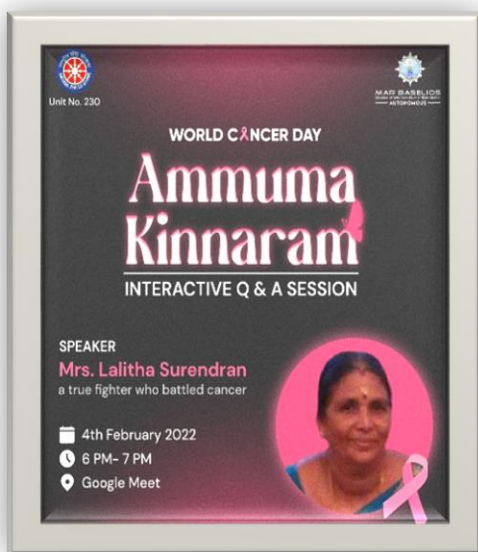
SUMMARY

NSS Unit 230 started its voyage in 2010. From then, we have been conducting various awareness and social service programmes, webinars, etc. Our college, Mar Baselios College of Engineering and Technology, our programme officers, Mr Rejish Babu F. R. and Ms. A. V. Soumya, and other faculty members have provided support and resources for conducting these services.

The 2022 batch of Unit 230 has organised various events, including the flash mob for World Environment Day, interactive session with a cancer survivor for World Cancer Day, and a rally to promote clean energy, to raise awareness. The Unit has also distributed kits of food items to economically backward families for Onam. A faculty orientation for programme officers of the Southern region of the state was a major event. These events and more provide a service to our community.

1. AMMUMA KINNARARM

As a part of World Cancer Day, NSS unit 230 of Mar Baselios College of Engineering and Technology conducted, an online interactive session with Mrs. Lalitha Surendran, a true fighter who battled cancer, on 4th February of 2022. Through this interactive session, our volunteers and students from college got a clear image of the suffering of the affected persons and their physical and mental state. The students clarified their doubts regarding the social stigmas that prevails in society, and about the real situations they have to face. Mrs Lalitha shared her experience and motivations to keep fighting even at her age. The session was monitored by our volunteer Ms. Meghana, who happened to be the granddaughter of Mrs Lalitha, and the session was organised by Ms. Rachana, our volunteer. The session steered the view of the volunteers towards the patients.



2. NSS ENVIRONMENT DAY MIME/FLASHMOB

June 5th is celebrated as World Environment Day every year throughout the country. Its objective is to provide maximum awareness about the importance of environment. As a part of this awareness program, our NSS volunteers conducted a flash mob and mime. It was conducted at Lulu Mall, Trivandrum on 12th of June. At the end of the program, we conducted a quiz based on World Environment Day with the audience as contestants. The winners are rewarded with a plant.





3. FIRE EXTINGUISHER WORKING TRAINING

The Program officer Rejish sir and the Staff members of MBCET conducted a fire extinguisher working training session for NSS Volunteers. The session is all about the effective use of the fire extinguisher at the time of need. The Staff members demonstrated the procedure, and all the volunteers take part in it. The Session was very interesting. It was conducted on 21st of June.



4. CLEAN ENERGY CHALLENGE RALLY

Government of Kerala, Kerala Development and Innovation Strategic Council (KDISC), Kerala State Electricity Board (KSEB), Clean Energy Innovation & BUSINESS Incubation Centre (CEIBIC), National service scheme (NSS) of State organisation collaboratively conducted a challenge regarding state energy conservation. The rally reached at NSS unit 230 (Mar + Baselios College, Thiruvananthapuram) on 14.07.2022 around 12:30 pm. Two volunteers and our coordinator, Rejish Sir, received them. As a part of the challenge a quiz competition was conducted. The video reflecting the importance of energy conservation was displayed. The event was ended around 1:15 pm. Later, the rally continued to its next destination.



5. EYE CHECK UP AND TALK SESSION

On August 1st, the students of MBCET had the opportunity to attend the talk session of Dr Swapna Nair, a well-known Lasik surgeon of Thiruvananthapuram. The inauguration ceremony was graced by the presence of our Bursar, principal, and our program officer. Her talk session made everyone understand the various problems that could affect eye health. The programme also included an eye check-up session.



6. ORIENTATION PROGRAMME FOR NSS PROGRAM OFFICERS

For the enhancement of the NSS programme officers a 3-day orientation was conducted by NSS unit 230 in Mar Baselios Engineering college sponsored by KTU. The Programme was inaugurated on 10.08.2022 by NSS state coordinator Dr. Joy Varghese V.M accompanied by the Principal and the Bursar of the college and the NSS program officer Rejish Sir. Notable personalities from different part of the state conducted seminars and sessions on various topics that a programme officer might deal with such as History of NSS, Fund management, Volunteering and Leadership, Reporting of Activities, KTU care. On 11.08.2022 topics on Energy cell and Camping were taken and On 12.08.2022 NRPF, Opportunities in NSS were covered. The dignitaries include Prof Amjith TR, Shri Brahma Nayakam Mahadevan,



Prof Sujay K, Prof Aswin Raj, Prof Sijo George, Prof Syam Prasad, Prof Darsana S, Prof Shiju Ramachandran, Dr J M Paul. The Orientation Programme was concluded by awarding the certificates and mementos to the Resource persons and providing the Participation certificates to the officers. The vote of thanks was done by the volunteer secretary Namitha.



7. INDEPENDENCE DAY

On August 12th, Independence Day celebration was organized. Our very own Bursar was the chief guest for the event. The celebration started with the chief guest hoisting the flag, followed by various cultural events organized by students of MBCET. The celebration was concluded with a rally by the volunteers from different departments and gathered to form in the shape of national flag. Afterwards sweets were distributed to the students.



8. ONAM KIT DISTRIBUTION

An Onam kit distribution was held on 31st of August. The main initiatives for the fund collection were conducted by NSS unit, ACE (Dept of Computer Science), CESA (Dept of Civil Engineering Science), ILLUMINA (Dept of Electrical and Electronics), E-NIX (Dept of Electronics and Communication), and SPANDANAM (Dept of Mechanical Engineering), and funds were collected from students across various departments. In total, 112 kits were distributed to 112 families from Kallayam, Thiruvananthapuram.



9. PROJECT GANITHAM INTRODUCTIVE SESSION

Project Ganitham provides an internship opportunity to college students for volunteering, to gain first-hand experience in teaching and student development. Through this project, trained volunteers are assigned to teach the fundamentals of Mathematics to 8th, 9th, and 10th grade students in government schools. On 29-09-2022, Unit 230 attended an introductory session conducted by Project Ganitham, offering their volunteering internship opportunity to interested college students.

