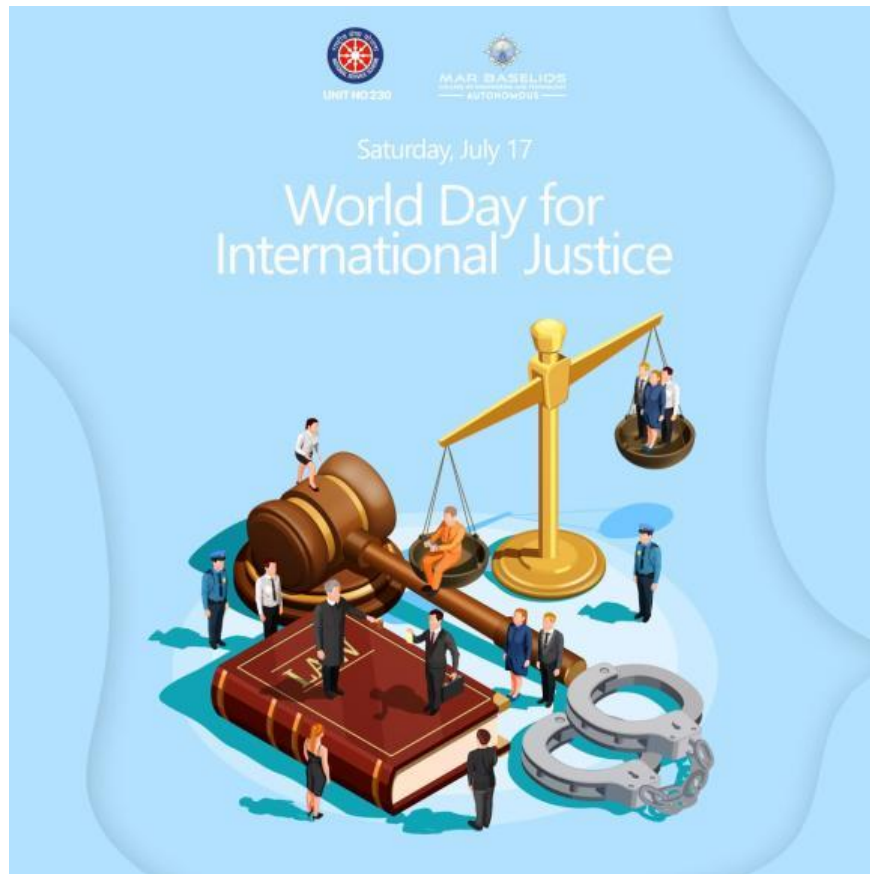




**MAR BASELIOS COLLEGE OF
ENGINEERING AND
TECHNOLOGY
THIRUVANANTHAPURAM**

**NSS UNIT 230
ANNUAL REPORT 2021-22**

WORLD DAY FOR INTERNATIONAL JUSTICE



Date: 17th July 2021

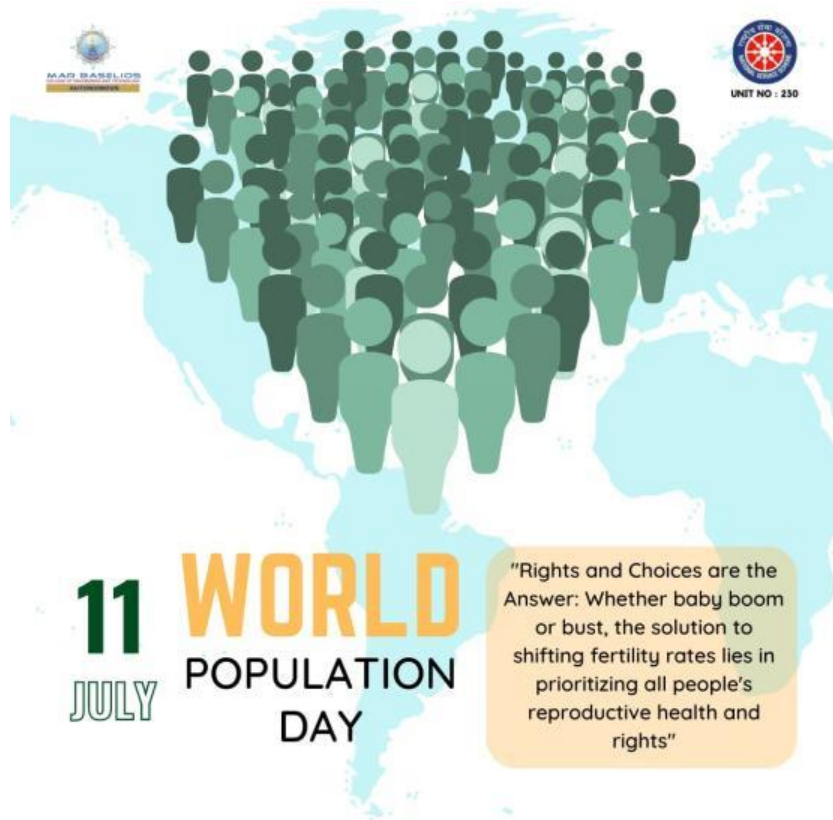
Venue: Instagram

Beneficiaries: The NSS Volunteers of unit 230 of MBCET and participants of the quiz posted on Instagram .

Outcome: A day to get aware of the duties and rights of every individual.

Highlights: In connection to World day for International Justice on 17th July, NSS MBCET conducted a small quiz on Instagram. The questions were posted in Instagram stories and the participants want to select the right answer. This aims to give participants nuggets of knowledge about law and order that everyone should need to know. This day reminds the volunteers to support justice, promote the rights of the victims, help in preventing crimes that threaten the peace, security, and well-being of the world.

WORLD POPULATION DAY



Date: 11th July 2021

Venue: Instagram

Beneficiaries: The NSS Volunteers of unit 230 of MBCET and participants of the quiz posted in Instagram .

Outcome: A day to get aware of the problems of overpopulation and understand the importance of population control.

Highlights: In connection to World Population Day on 11th July, NSS MBCET conducted a small quiz on Instagram. The questions were posted in Instagram stories and the participants wanted to select the right answer. The quiz aims to increase awareness about various population issues prevailing in the world. This day reminds the volunteers' difficulties created by overpopulation and raising awareness about how overpopulation may harm the ecosystem and progress of humanity.

NATIONAL HANDLOOM DAY



Date: 07 August 2021

Venue: Whatsapp

Beneficiaries: The NSS Volunteers of unit 230 of MBCET and participants of the conducted Chekutty dolls making.

Outcome: A day to remember the hardships and struggles the weavers suffered during the floods of 2018

Highlights: In connection to National Handloom Day on 7th August NSS MBCET organized a "Chekutty doll" making event where all the NSS volunteers were asked to make "Chekutty dolls" with the help of a youtube video. These dolls are a symbol of inspiration and hope that even though we are pushed down by other forces, there will always be a place of hope for survival and rebirth just like how weavers rose.



CONGRATULATING VIDEO TO OLYMPICS PARTICIPANTS

Date: 10th August 2021

Platform: Instagram

Video Link: https://www.instagram.com/p/CSZrVTcpgdH/?utm_medium=copy_link

Hours: 2

Category: Campus

Beneficiaries: Volunteers of NSS MBCET

Outcome: Volunteers prepared a video to congratulate all the Olympic participants for their independence achievement

Highlights: NSS MBCET UNIT 230 volunteers made a video for all the Olympic participants representing India for their achievement. The video congratulated all the winners and participants representing India of the Tokyo Olympics 2021 for their hard work and achievement and making the nation proud. The video also conveyed the message that “Winning and losing is a part of e sport, but what matters is you gave your best for the nation”.

INDEPENDENCE DAY QUIZ



Date 15th August 2021

Venue: MBCET College

Hours : 2

Category: Campus

Beneficiaries : Volunteers of NSS MBCET

Outcome: A moment to acknowledge the brave freedom fighters of our nation. They are always an inspiration to many.

Highlights: In connection to the 75th Independence Day, NSS MBCET organized a 3 round offline quiz. The first round was an MCQ round. The second was to guess the personality round. After the 2 rounds, a shortlisting was done based on the marks. The third round was also to guess the personality but the participants were to guess him/her from the audio played. At the end of the quiz, Ebin Das got the first position, Sera Mariam George got the second and Devinandana backed the third position. The quiz was mainly aimed at acknowledging our brave freedom fighters on this occasion. The winner was awarded a book and was gifted by Mr. Rejish Babu Sir.



NATIONAL ANTHEM SINGING

Date: 15th August 2021

Venue: MBCET College

Hours: 2

Category: Campus

Beneficiaries: Volunteers of NSS MBCET

Outcome: To evoke the feeling of patriotism among the volunteers.

Highlights: In connection to the 75th Independence Day, NSS MBCET organized a National Anthem Singing Event. Volunteers were asked to sing the National Anthem and upload it e-sport the <https://rashtragaan.in/> site. The uploaded members can download their certificates from the site itself. The event mainly aimed to evoke a sense of unity among themselves. It also reminds them of their nation's glory, beauty, and rich heritage.

NSS ROOM VISIT AND FLAG HOSTING

Date 15th August 2021

Venue: MBCET College

Hours: 3.30

Category: Campus

Beneficiaries: Volunteers of NSS MBCET

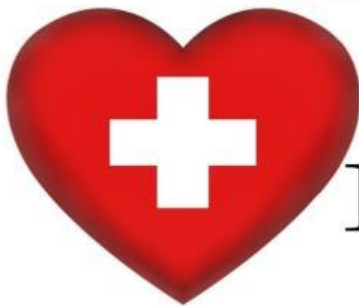
Outcome: NSS volunteers get motivated by the work done by the seniors which are displayed in the NSS room And remembering a great occasion.

Highlights: The flag hoisting was done by Prof. S. Viswanatha Rao Sir and he delivered a wonderful speech about Independence day and its significance, and let all the NSS volunteers get a clear idea about the importance of hosting the Indian flag. After the flag hoisting event and the quiz program, all the NSS volunteers who were present are allowed to visit the NSS room which is filled with influential and memorable moments done by the seniors by NSS

World First Aid Day



*In between an emergency are you ready
to save a life?*



**WORLD
FIRST AID
DAY**

Date: 11th September 2021

Venue: Online

Beneficiaries: Volunteers of NSS MBCET

Outcome: NSS volunteers to get aware of importance of First Aid

Highlights: As a part of World First Aid Day, NSS Unit 230 of MBCET conducted a quiz competition. The quiz includes some basic things we need to know about First Aid. So that the volunteers would get a clear idea about first aid, how to give, the medicines used, and all. All the volunteers actively participated in the quiz. The theme for World First Aid Day 2021 is "First aid and road safety".

INTERNATIONAL PEACE DAY



Date: 21st September 2021

Venue: Online

Hours: 1hr

Beneficiaries: Volunteers of NSS MBCET

Outcome: NSS volunteers to get to know about the importance of Peace Day in the current scenario

Highlights: In connection to international peace day, NSS MBCET Unit 230 asked the volunteers to upload a video based on an image. The image was provided to the volunteers and they should upload the video by telling what they understood from the image for more than 1 min. All the NSS Volunteers actively participated and uploaded the video. This day also made the volunteers remember the fact that it is a necessity to practice nonviolence and promote peace, especially at times like these when the world is in chaos.

NUTRITION WEEK

Date: September 1 to 7, 2021

Venue: Instagram Page

Hours: 1

Category: Campus

Beneficiaries: Followers of Instagram Page

Outcome: To impart knowledge about nutrition to the followers.

Highlights: In connection to Nutrition Week, NSS MBCET put various interesting facts about nutrition on the Instagram pages. This is to impart to the students the importance of nutrition, its use, and its benefits. Bhavana and Abigail collected the facts. Sanna and Abhiram put the stories and maintained the pattern throughout the week

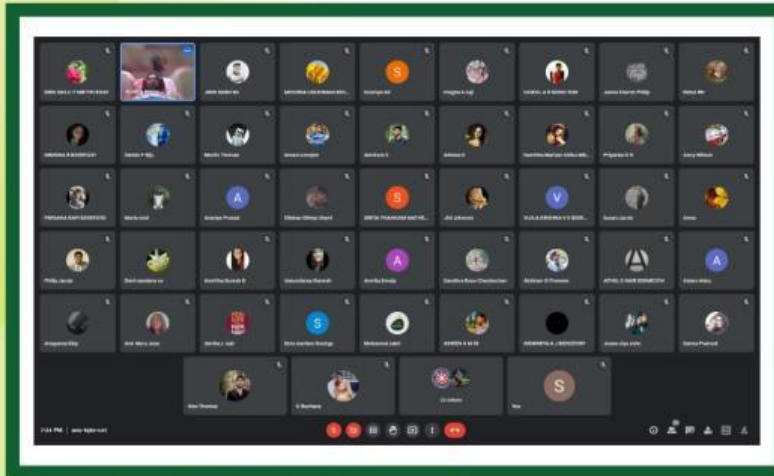
VENAM ORIDAM



VENAM ORIDAM



Internal Campaign



70+ PARTICIPANTS

Thank You



The poster features the ORIDAM logo (a tree with roots) and the MIND logo (MOBILITY IN DYSTROPHY) at the top. The main title 'VENAM ORIDAM' is in large green and yellow letters. Below it, the text reads 'Internal Campaign for the Staff and Students of Mar Baselios College of Engineering and Technology.' The logos for Mar Baselios College of Engineering and Technology (Autonomous) and the National Service Scheme (NSS) are displayed. The NSS unit number is 230. The date is 23/09/2021 and the time is 6:30 PM. At the bottom, it states 'ORIDAM: A Complete Rehabilitation and Research Center of MIND Trust' and provides social media icons and contact information: <https://mindtrust.in> and mindtrustkerala@gmail.com.

Date September 23, 2021

Venue: Google Meet

Hours: 2

Category: Campus

Beneficiaries: Volunteers of NSS MBCETfood

Outcome: To raise funds for the MIND organization and help the members get a place where they can feel at home.

Highlights: In collaboration with MIND, NSS MBCET organized an internal campaign based on Spinal Muscular Atrophy and Muscular Dystrophy. The webinar mainly dealt with the problems the affected people had daily and also their further needs as a group. VENAM ORIDAM aims at creating a place or an environment for their recreation, growth and mainly a place where they can feel at home or lead a normal life.

FOOD DONATION





24TH SEP 2021 NSS DAY CELEBRATION



Date September 24, 2021

Venue: MBCET College

Hours: 6

Category: Campus

Beneficiaries: Trivians who were in need.

Outcome: Helping out by giving food to needy

Highlights: In connection with the NSS Day, NSS MBCET organized a food donation drive. The students of MBCET were asked to donate food packets. Then these collected packets were distributed among the needy. We received 80+ food packets from students and NSS volunteers. Food packets were distributed near the Bus terminal Thampanoor and Eastfort. The group was accompanied by Mr. Praveen, Asst. Prof. department of Computer Science and Mr. Jesty. Since it was NSS Day, the NSS flag was hoisted by Bursar and the NSS anthem was sung by volunteers. Bursar also made a speech after the flag hoisting.

INTERVIEW-PHASE 4

Date September 12, 2021

Venue: Google Meet

Hours:2

Category: Campus

Beneficiaries: Volunteers

Outcome: To select 50 volunteers for the Junior NSS batch.

Highlights: NSS MBCET Organized 4 phases of selection for the 1st year, the junior batch of NSS. In the 4th phase of the Interview, the students who were on the waiting list after the first 3 phases were asked to attend, and students were selected from there. Out of the 34 students who attended the interview, 13 were selected. This marked the end of the selection. The selection phases thus gave us a total of 50 new volunteers from the new batch.

CASE STUDY-PHASE 2

Date September 6 to 8, 2021

Venue: MBCET College

Hours: 2

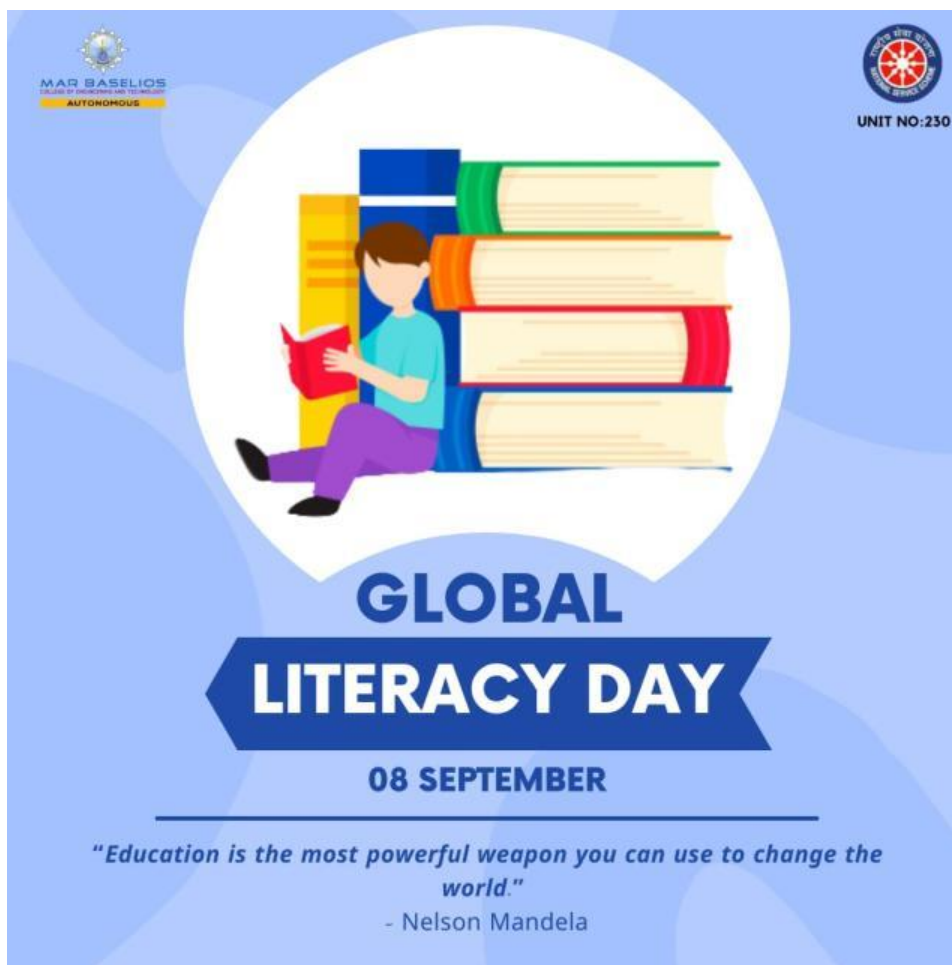
Category: Campus

Beneficiaries: Volunteers of MBCET.

Outcome: To select 50 volunteers from NSS 2020-23 batch

Highlights: The case Study marked phase 2 of our selection phase of the juniors. We asked the students to write some questions based on the Chernobyl incident. This was to determine their critical thinking and to help us understand how eligible they are to being the NSS volunteers. Their selfless nature and confident answering were given points. This marked PHASE 2 of our selection process

GLOBAL LITERACY DAY



Date: September 8, 2021

Venue: Instagram Page

Hours: 1

Category: Campus

Beneficiaries: Followers of Instagram Page

Outcome: To impart knowledge about literacy to the followers.

Highlights: In connection to Literacy Day, NSS MBCET put various interesting facts about literacy on the Instagram pages. This is to impart to the followers the importance of education and other important facts related to it. Amrutha and Jibin collected the facts. Sanna and Abhiram put the facts on stories on Instagram.

TEACHERS DAY



Date: 05 September 2021

Venue: Online

Hours: 2

Category: Campus

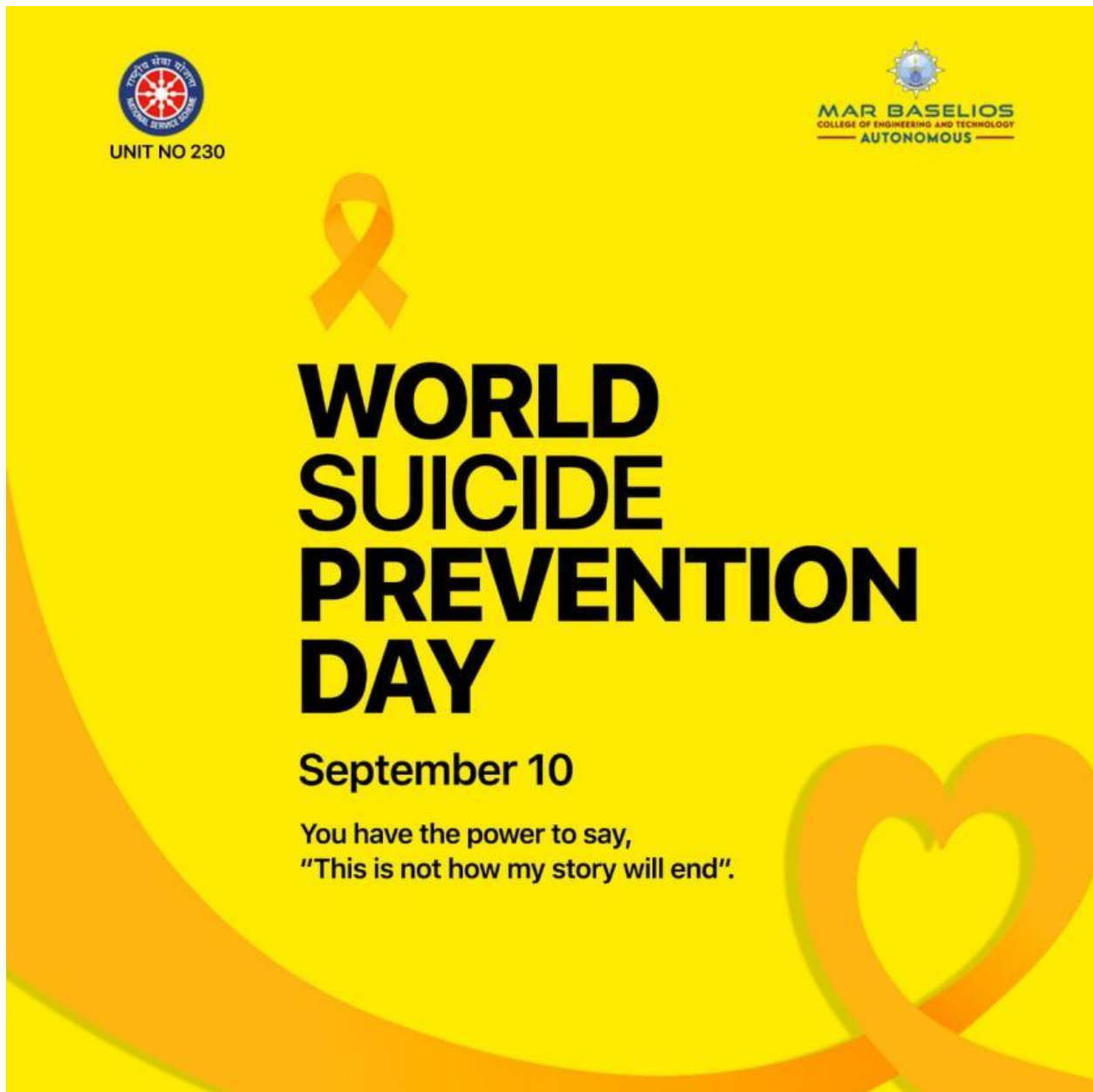
Beneficiaries: The NSS Volunteers

Outcome: NSS Volunteers done a handwritten letter and sent it to their favorite teacher.

Highlights: In connection with Teachers Day, NSS Volunteers took a photo of a handwritten letter and sent it to the teacher they love the most. And a non-personal part of the letter is asked to upload in the drive link provided.

Link: <https://drive.google.com/folderview?id=10fPkOvCYqg35Gd4uer0hH8cR4c0JBaJA>

WORLD SUICIDE PREVENTION DAY



Date: 10 September 2021

Venue: Online

Hours: 1

Category: Campus

Beneficiaries: The NSS Volunteers

Outcome: NSS Volunteers get to know about the importance of world suicide prevention day.

Highlights: NSS Volunteers was made aware of the importance of the world suicide prevention day through an online platform. The theme of WSPD 2021 is “Creating hope through action”. And every NSS Volunteer took a pledge that -
I hereby promise to NOT end my life without first communicating with a friend to say goodbye.
-Pledge for Life

WORLD RIVERS DAY

Date: 26th September 2021

Venue: Online

Category: Community

Beneficiaries: The NSS Volunteers

Outcome: NSS Volunteers get to know about the importance of world rivers day

Highlights: As a part of world rivers day, NSS volunteers made a video which highlights the solutions to save Ganga river from its present condition. The video stated the example of Thames River, the solutions which had been taken to reduce the pollution of the river. This video highlights the emergency of the situation of Ganga and introduced the possibilities for recovering it. Also made them to understand the importance of cleanliness of the river.

CLOTH DONATION

A VISIT AND CLOTH DONATION TO C. S. I BALIKAMANDIRAM, PARASSALA



"IT'S NOT HOW MUCH WE GIVE BUT HOW
MUCH LOVE WE PUT INTO GIVING"

Date: 25 September 2021

Venue: MBCET, Thiruvananthapuram

Hours: 5

Category: Community

Beneficiaries: The NSS Volunteers

Outcome: Clothes are donated to Childrens of the C.S.I Balikamandiram.

Highlights: NSS Volunteers of MBCET Unit 230, collected good old clothes which were packed and donated to the C.S.I. Balikamandiram Charitable Society, S.K.D, Parassala, Thiruvananthapuram. Some of the NSS Volunteers visited and donated the clothes collected and some packets of biscuits.

GROUP DISCUSSION -PHASE 3

Date September 11th 2021

Venue: MBCET College

Hours: 2

Category: Campus

Beneficiaries: Volunteers of MBCET.

Outcome: To select 50 volunteers from NSS 2020-23 batch

Highlights: The 8 teams were grouped into 4 groups containing 2 teams each, and they were given each topic to perform GD. Team 1 and 2 were given the topic 'E learning pros and cons', Team 3 and 4 were given the topic 'Physical Education', Team 5 and 6 were given the topic 'Mental Health', Team 7 and 8 were given the topic 'Waste Management'. Each team was given 30 minutes, the event was conducted on gmeet. The participants were shortlisted according to their performance.

TALENT DISPLAY -PHASE 1

Date September 5th 2021

Venue: MBCET College

Hours: 2

Category: Campus

Beneficiaries: Volunteers of MBCET.

Outcome: To select 50 volunteers from NSS 2020-23 batch

Highlights: The Phase 1 selection process was done by the Talent Display, In which the participants should introduce them through creating a work based on your own passion.They are allowed to perform anything which fascinates them like Music, Art, Designing, Coding, Sports etc. The phase 1 was later used for the Interview (phase 4).

RD CAMP Inauguration

Date:November 26th 2021

Venue: MBCET College

Hours:

Category: Campus

Beneficiaries: Volunteers of MBCET.

Highlights:Government of India, Ministry of Youth Affairs and Sports, NSS Regional Directorate, Thiruvananthapuram, Kerala organized the National Service Scheme (NSS), Pre Republic Day Parade Camp on 26 and 27 Nov 2021 to select NSS volunteers for Republic Day Parade, New Delhi. The inaugural address was delivered by the Honourable Minister of Transport, Sri. Adv. Antony Raju. He also read out the Preamble, Constitution of India.Rev. Fr. John Vilayil (Bursar) gave the Presidential address. He then handed momento to the Hon. Minister of transport. Ms. Karishma Tak (youth officer, Ministry of youth affairs and sports) conveyed the Special address. Mr. Sreedhar Guru (NSS Regional Director), Dr. Joy Varghese P. M(Program coordinator KTU) attended as guests. The camp was graced with the presence of Principal Dr. Abraham T Mathew, Vice Principal Dr.Viswanatha Rao, HoDs, and Deans of various departments.

Flash Mob

Date:December 22nd 2021

Venue: MBCET College

Hours:

Category: Campus

Beneficiaries: Volunteers of MBCET.

outcome:To raise the fund for MIND

Highlights:NSS MBCET UNIT 230 in association with MIND organization organized a Flashmob related to the theme "Venam Oridam"." Venam Oridam" is a program that aims to build a shelter for the people suffering from Muscular dystrophy.41 students from various branches actively participated in the Flash mob and made it a grand success. After the flashmob, the aim of the theme was communicated and necessary details is provided.

SEND OFF EVENT

Date:December 10th 2021

Venue: MBCET College

Hours:

Category: Campus

Beneficiaries: Volunteers of MBCET.

outcome:To raise the fund for MIND

Highlights: On this day, certificates were awarded to the National Service Scheme 2019-21 batch volunteers for the successful completion of two-year voluntary service provided to the society. The meeting began with the NSS song. A video remembering the activities conducted by the batch was shown and volunteers shared their memories. Felicitation was given by Bursar Fr. John Vilayil and Principal Dr. Abraham T. Mathew. The meeting ended with the cake-cutting ceremony.



RD CAMP Dance

Date: November 27th 2021

Venue: MBCET College

Hours: 5

Category: Campus

Beneficiaries: Volunteers of MBCET.

Highlights: NSS MBCET UNIT 230 on behalf of Pre Republic Day Parade Camp organized by Government of India, Ministry of Youth Affairs and Sports, NSS Regional Directorate, Thiruvananthapuram, Kerala organized the National Service Scheme (NSS). Some of the volunteers of NSS MBCET Unit:230 has conducted an entertainment program.





RD CAMP VOLUNTEERING Day 2

Date: November 27th 2021

Venue: MBCET College

Hours: 5

Category: Campus

Beneficiaries: Volunteers of MBCET.

Highlights: NSS MBCET UNIT 230 on behalf of Pre Republic Day Parade Camp organized by Government of India, Ministry of Youth Affairs and Sports, NSS Regional Directorate, Thiruvananthapuram, Kerala organized the National Service Scheme (NSS). NSS volunteers of MBCET volunteered the final phase of pre RD camp. The volunteers of NSS were asked to volunteer the transportation, food and accommodation of the attendees. Also the volunteers were responsible to conduct the inaugural function. Volunteers also helped the camp organizing authority for conducting registration for the students and also in various selection process like interview, cultural events etc...





REPUBLIC DAY

Date: January 26nd 2022

Venue: MBCET College

Hours: 3

Category: Campus

Beneficiaries: Volunteers of MBCET.

Highlights: The NSS volunteers of unit 230 gathered in the college for celebrating the Republic day. The flag hoisting ceremony for the 70th Republic day was done by Rev. Fr. John Vilayil followed by singing the national anthem and saluting to pay respect to freedom fighters. Then Dr. S Viswanatha Rao shared some valuable words to enlighten the event. The event was ended by distributing sweets.



BALIKAMANDIRAM VISIT

Date: September 25nd 2021

Venue: CSI Balikamandiram, Parassala

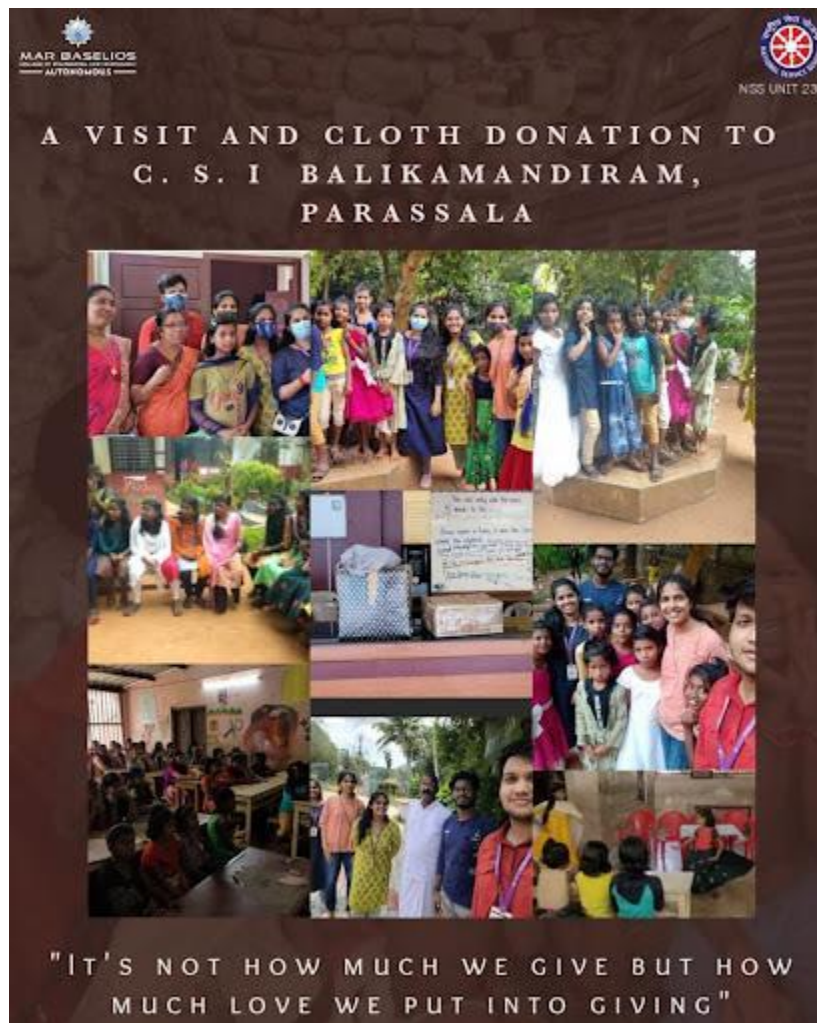
Hours: 5

Category: Community

Beneficiaries: Volunteers of MBCET.

Outcome: Clothes are donated to Children's of the C.S.I Balikamandiram.

Highlights: NSS Volunteers of MBCET Unit 230, collected good old clothes which were packed and donated to the C.S.I. Balikamandiram Charitable Society, S.K.D, Parassala, Thiruvananthapuram. Some of the NSS Volunteers visited and donated the clothes collected and some packets of biscuits.



Power of perseverance

Date: 30th January 2022

Venue: online

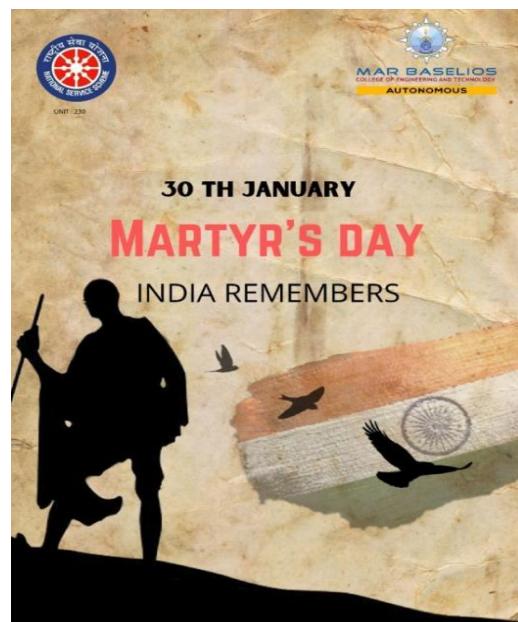
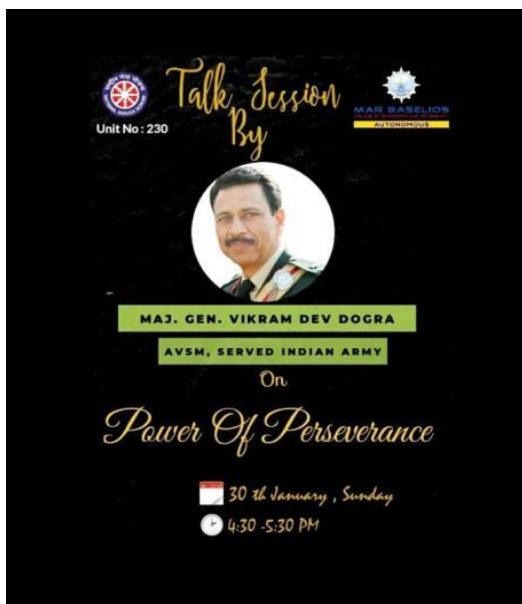
Hours: 2

Category: special Day celebrations

Beneficiaries: Volunteers of MBCET.

Outcome:

The session made it possible for the attendees to be aware of how perseverance is an essential quality for success in life. Our speaker shared his experiences of army life and how he has achieved the Ironman Triathlon only because of his sheer perseverance. The event was organized as part of Martyrs' Day for an hour from 4.30 to 5.30 PM on 30 th January, Sunday. All the attendees of the session were provided with certificate of participation.



AMMUMMA KINNARAM

Date: 4th February 2022

Venue: online

Hours: 2

Category:Special Day celebrations

Beneficiaries: Volunteers of MBCET.

Outcome: Gave awareness about cancer and their treatments by a survivor

In connection with World Cancer Day , NSS MBCET conducted an experience sharing talk session " Ammumma kinnaram".Mrs Lalitha Surendran, who is a cancer survivor was the speaker for the event. She shared her journey from a patient to a survivor and we received a good response from the participants as well.It was an interactive session and the attendees asked their doubts to the speaker. We received 70+ registrations and we had more than 50 participants for the event Certificates were given to all the participants who attended the event.

The poster is for a World Cancer Day event. It features the logos of NSS Unit No. 230 and Mar Baselios College of Engineering and Technology. The main title is 'Ammumma Kinnaram' in a large, stylized font, with 'INTERACTIVE Q & A SESSION' below it. The speaker is Mrs. Lalitha Surendran, described as 'a true fighter who battled cancer'. The event is on 4th February 2022, from 6 PM to 7 PM, on Google Meet. A circular portrait of Mrs. Lalitha Surendran is shown with a pink cancer awareness ribbon overlaid on it.

Unit No. 230

MAR BASELIOS
COLLEGE OF ENGINEERING & TECHNOLOGY
AUTONOMOUS

WORLD CANCER DAY

**Ammumma
Kinnaram**

INTERACTIVE Q & A SESSION

SPEAKER
Mrs. Lalitha Surendran
a true fighter who battled cancer

4th February 2022
6 PM- 7 PM
Google Meet

Stop the Stigma

Date: 5th February 2022

Venue: online

Hours: 1

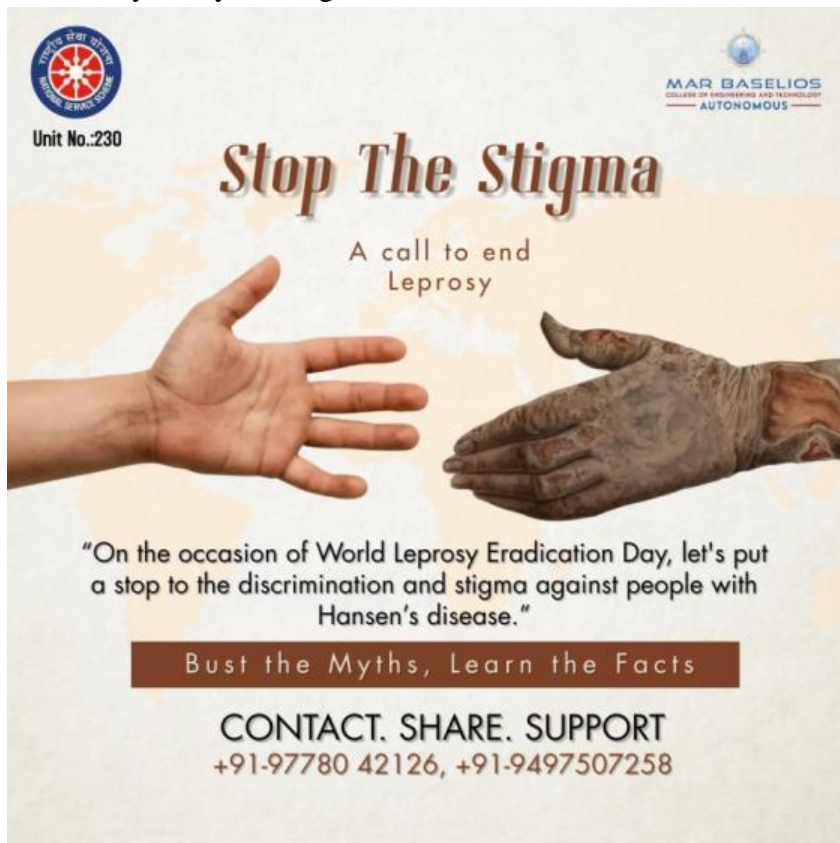
Category: Special Day celebrations

Beneficiaries: Volunteers of MBCET.

Outcome: Event

in focused on World Leprosy Eradication Day

On 5th February 2022, Group 8 of NSS UNIT 230 of MBCET conducted an Event in focused on World Leprosy Eradication Day which was celebrated the previous week. The event was anchored by Alan Aby, followed by a small presentation to give everyone a basic awareness of Leprosy and its treatments which was taken by Philip Jacob and the meeting was concluded with an exciting Cahoot session based on the presentation which was hosted by Amirtha Suresh. The presentation was prepared by Amirtha Sreeja and the publication side was handled by Shreya Thangam.



NSS Caption Contest

Date: 1st February 2022

Venue: online

Hours: 1

Category: Special Day celebrations

Beneficiaries: Volunteers of MBCET.

Outcome: Giving awareness to students on coastguard day

The competition was organised as a part of Indian Coastguards Day (February 1) to demonstrate love and support and to acknowledge the efforts taken by the Indian Coastguards. We encourage participants to come up with creative captions based on a picture and its description related to the Indian Coastguard. The link was open from 10 am to 10 pm.



Anti Narcotics Pledge

Date: 8th February 2022

Venue: online

Hours: 1

Category: Special Day celebrations

Beneficiaries: Volunteers of MBCET.

Outcome:

'Say Yes to Life, No to Drugs'

This e-pledge is uploaded to spread the ill effects of drugs among the citizen so that they may show their resolve in making India a drugs-free nation and be encouraged in leading a healthy life.

Pledge link: <https://pledge.mygov.in/fightagainstdrugabuse>



SLOGAN WRITING COMPETITION

Date: 26 January 2022

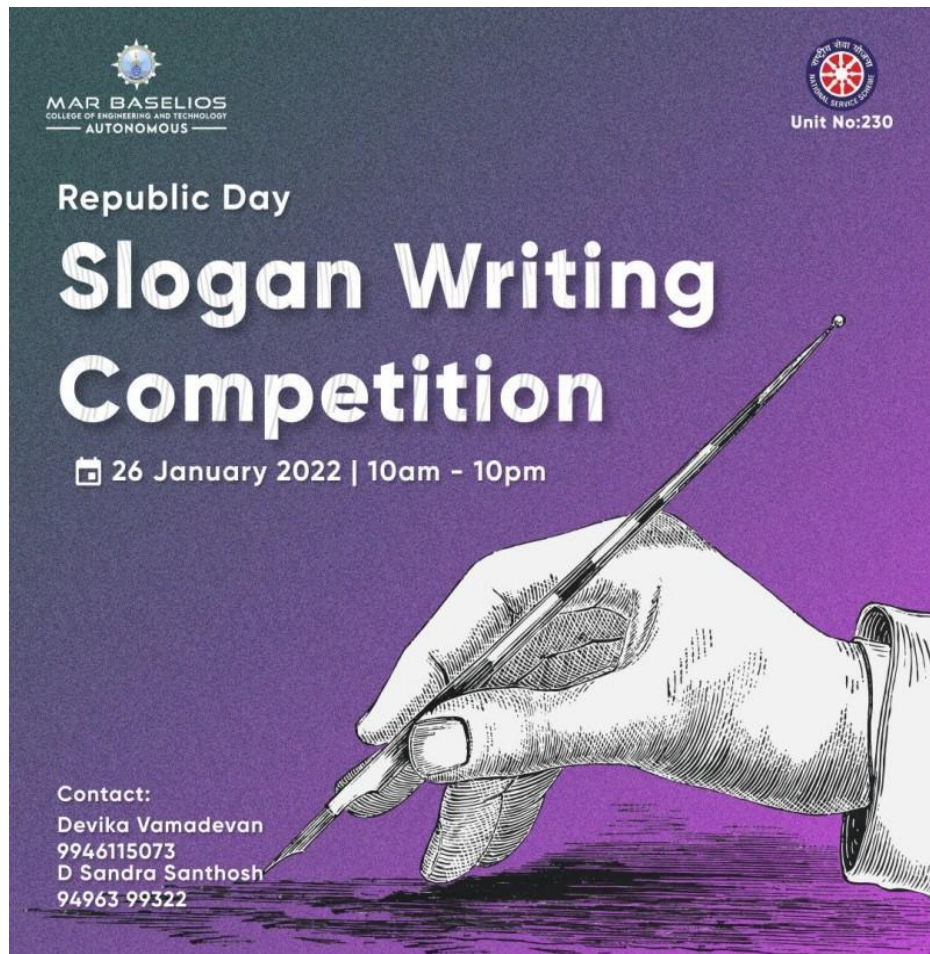
Venue: Google form

Time:10AM to 10PM

Category: Open to All

Beneficiaries: The NSS Volunteers of unit 230 of MBCET and participants of the conducted a Slogan Writing competition.

Outcome: Students could increase Their Creative skills and unleash their knowledge on republic day. This competition was organized as part of Republic Day (26 January 2022). The link was open from 10am to 10pm



DRAWING COMPETITION

Date: 26th January 2022

Venue: online

Hours: 1

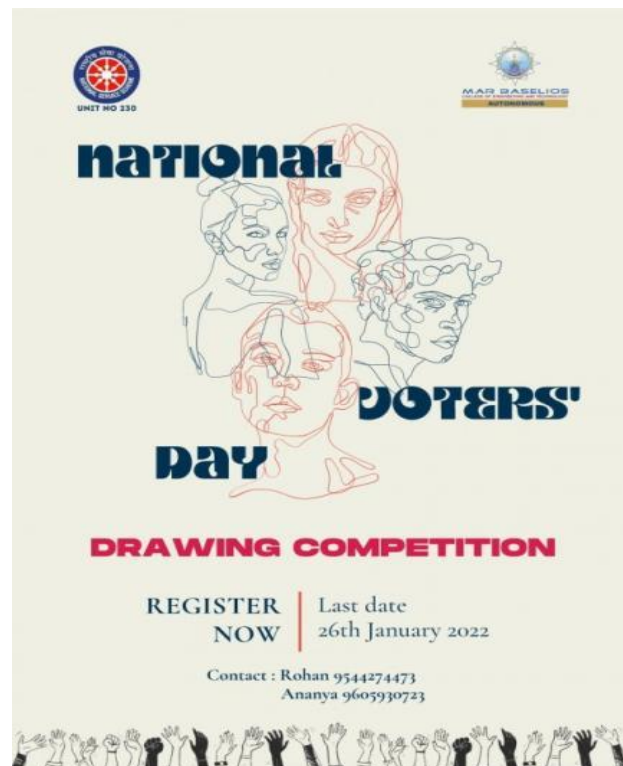
Category: Special Day celebrations

Beneficiaries: Volunteers of MBCET.

Outcome: Give awareness about voter's day

On the occasion of National Voters' Day on 25th January, NSS MBCET UNIT 230 is here with another stirring event:

Highlights: On behalf of the NSS MBCET, a group of members had conducted a Drawing Competition regarding National Voters' Day. There were a total of 29 participants. They were then informed about the rules & regulations of the competition and a date was given for their submission. Finally, received a set of 14 responses from which selected the top three entries. All the participants were awarded with an E-Certificates signed by NSS MBCET Officials. By conducting this competition we believe we could reach out to more students to spread the awareness of National Voters' Day.



TROUVAILLE

Date: 27th Jnauary 2022

Venue: online

Hours: 1

Category:Special Day celebrations

Beneficiaries: Volunteers of MBCET.

Outcome: Give awareness about tourism day

On this National tourism Day , we NSS MBCET UNIT 230 present before you Trouvaille

'Write about one lucky found spot of yours and pin a pic if you've got one'



SPIN THE LOST TALE

Date: 22nd January 2022

Venue: online

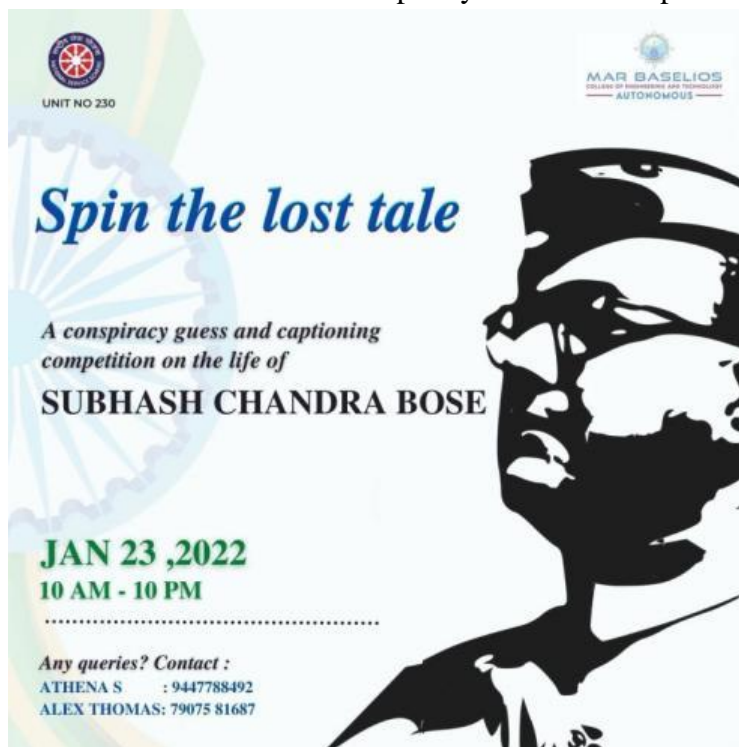
Hours: 1

Category: Special Day celebrations

Beneficiaries: Volunteers of MBCET.

Outcome: testing the knowledge of volunteers in history

On the occasion of Netaji Subhash Chandra Bose Jayanti, NSS MBCET UNIT 230 is extremely happy to present SPIN THE LOST TALE. A Conspiracy Guess and Captioning Competition



MEMEMANIA

Date: 22nd January 2022

Venue: online

Hours: 1

Category: Special Day celebrations

Beneficiaries: Volunteers of MBCET.

Outcome: Awareness about the importance of national girl child day

On behalf of “National Girl Child Day” on 24th January, NSS Unit No. 230 conducted a meme making competition named MEMEMANIA. The competition was to make memes related to the significance of the day. The competition was conducted in online mode and participation was open to all colleges. First Prize was awarded to Aaron Jacob of CET, Second Prize to Jithin Aniyankunju of MBCET, and Third Prize to Ann S Binil of MBCET. Participation certificates were given to all the participants.



Visit to Balikamandiram 2.0

Date: 12-02-2022

Venue: MBCET, Thiruvananthapuram

Hours: 5

Category: Community

Beneficiaries: The NSS Volunteers

Outcome: A visit to Balikamandiram

Highlights: Visit the C.S.I. Balikamandiram Charitable Society, S.K.D, Parassala, Thiruvananthapuram.

Spent some time with the members and gave them some snacks and had fun with the children there.

World Leprosy Day Eradication Event

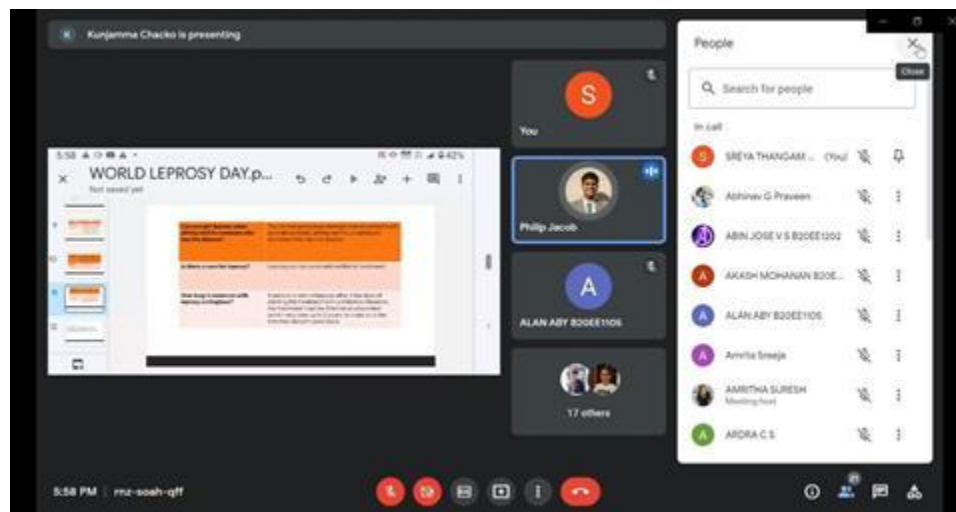
Date :- 5th February 2022

Platform :- Google Meet

Hours :- 1hr

Beneficiaries :- NSS Volunteers of Unit 230 of MBCET

Highlights :- On 5th February 2022, Group 8 of NSS UNIT 230 of MBCET conducted an Event in focused on World Leprosy Eradication Day which was celebrated the previous week. The event was anchored by Alan Aby, followed by a small presentation to give everyone a basic awareness of Leprosy and its treatments which was taken by Philip Jacob and the meeting was concluded with an exciting Cahoot session based on the presentation which was hosted by Amirtha Suresh. The presentation was prepared by Amirtha Sreeja and the publication side was handled by Shreya Thangam







CLOTH DONATION CAMPAIGN 2.0

Date 16,17,18 February 2022

Venue: MBCET College

Hours: 5

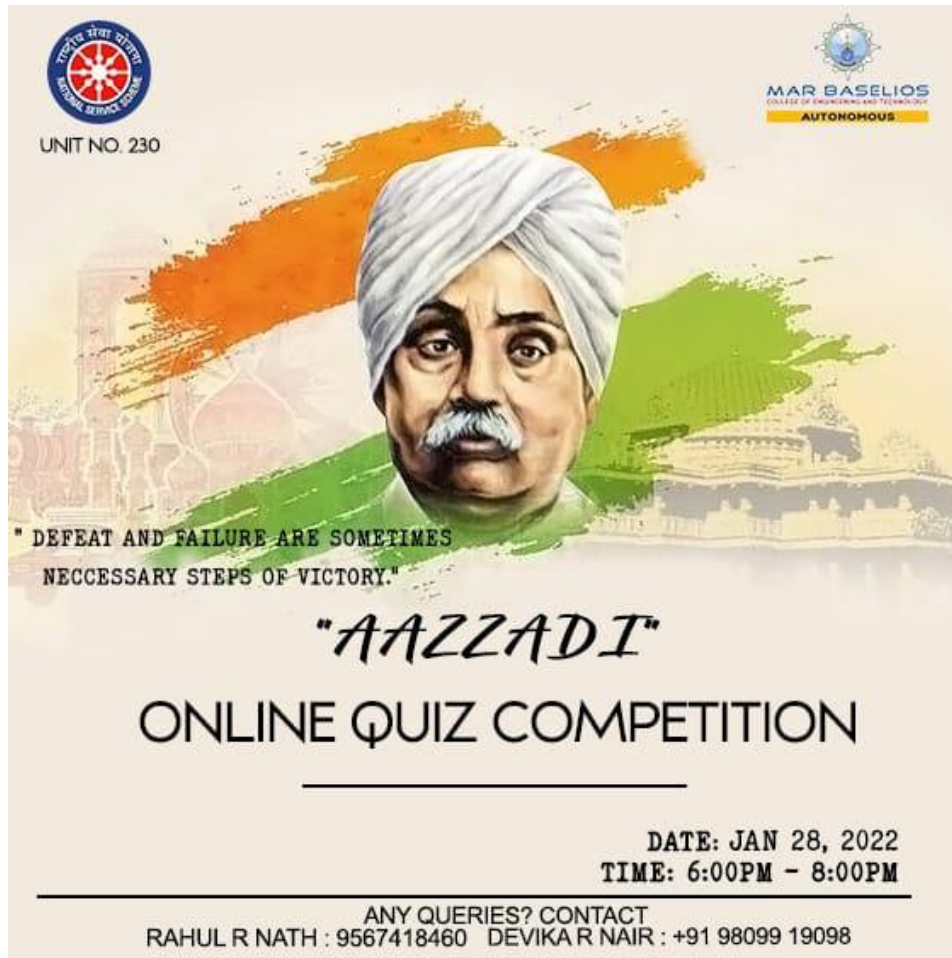
Category: Community

Beneficiaries: Patients of RCC

Outcome: NSS volunteers to contribute to the needy, small part of what we have

Highlights: NSS MBCET in collaboration with the ASCE did a cloth donation for the patients of the RCC. We ran the campaign from 16-18th of February of 2022 and it was done as an activity to help those in need. We received new as well as old clothes but only the ones that were washed and cleaned and then brought in for donations. They were nicely packed in boxes and set in for donation. Happiness doesn't result from what we get but what we give

AAZZADI



Date 28th January 2022

Venue: Online

Hours: 2

Category: Campus

Beneficiaries: Volunteers of NSS MBCET

Outcome: NSS volunteers to understand the importance of learning about a national leader

Highlights: NSS MBCET on the occasion of Lala Lajpat Rai Jayanathi organized an online quiz competition AAZZADI. The quiz was organized to create awareness of the importance of remembering such a great personality as Lala Lajpat Rai. It is quite important also for us as students to know more about him and his deeds as a national leader.

Talk on the importance of keeping our seas and oceans clean by the Sustera foundation



Date 6th March 2022

Venue: Vettukaud

Hours: 1

Category: Community

Beneficiaries: Nature around us

Outcome: NSS volunteers to understand the importance of keeping our beaches clean.

Highlights: NSS MBCET in collaboration with Sustera Foundation arranged a beach cleaning program. So before we started our physical work, an interactive talk session on the importance of keeping our seas and oceans clean. Awareness for the NSS volunteers on this matter would arise a sense of need for keeping our beach areas clean.

Ashvin Sir interactive session for NSS volunteers



Date: 6th March 2022

Venue: MBCET College

Hours: 2

Category: Campus

Beneficiaries: Volunteers of NSS MBCET

Outcome: To understand the importance of being an NSS Volunteer

Highlights: NSS MBCET organized a beach clean-up event in Vettukaud. After the session, Ashvin Sir took an interactive session for the volunteers in college. The session was on the importance of self-realization, games, team building, his experiences, and various other topics which were very insightful. Finally, hand-signed copies of his 3 books were given to the unit.

Beach clean up in collaboration with Sustera foundation



Date: 6th March 2022

Venue: Vettukaud

Hours: 3

Category: Community

Beneficiaries: Nature around us

Outcome: NSS volunteers to understand the importance of keeping our beaches clean.

Highlights: NSS MBCET in collaboration with the Sustera foundation arranged a beach cleaning event where the NSS volunteers help clean up the beach. As an NSS volunteer, it's our duty to keep our surroundings and especially beaches clean. Beaches need to be protected and that lies in our hands.

MEC Karuthal



Date: February 4th to 7th 2022

Venue: Online

Hours: 1

Category: Campus

Beneficiaries: NSS Volunteers

Hosted by: the NSS Unit 224 of MES College of Engineering and Technology, Kunnukara - Ernakulam

Outcome: NSS volunteers to understand the importance of create awareness about cancer on world cancer day

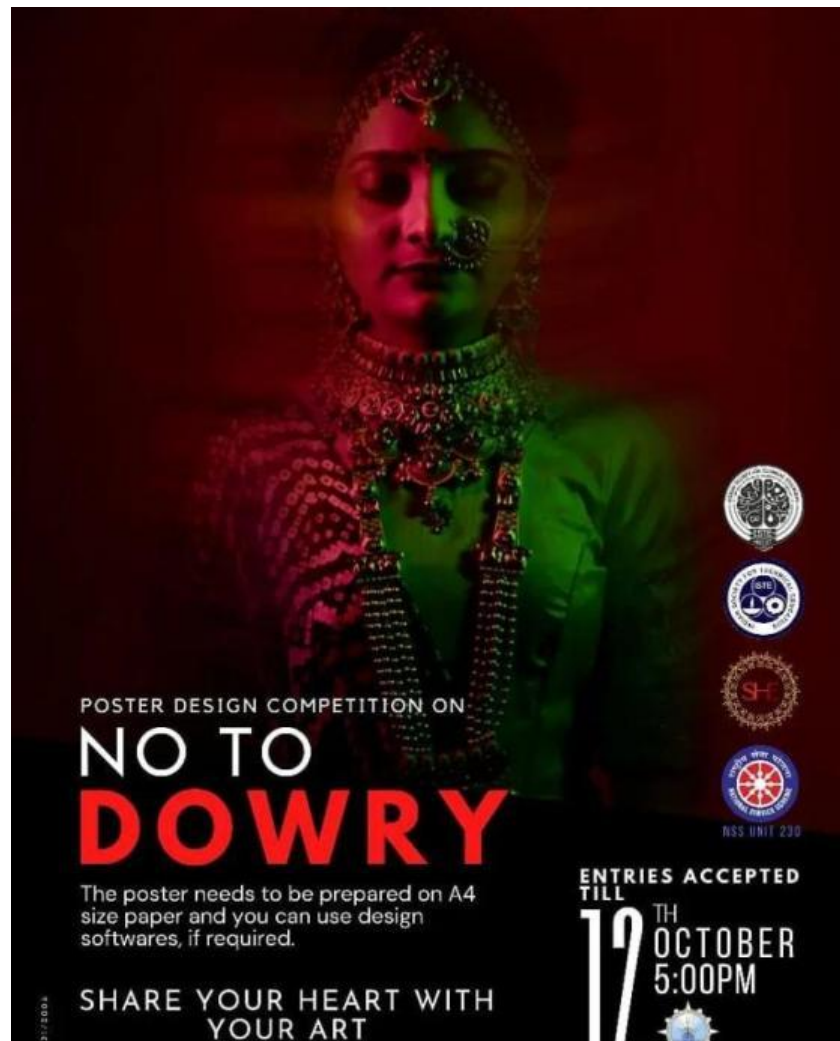
Highlights: As part of the World Cancer Day on 4th February 2022, the NSS Unit 224 of MES College of Engineering and Technology, Kunnukara - Ernakulam is hosting a statewide program, "KARUTHAL", which includes the " Letter from the heart " - Letter writing competition.

Two of our volunteers

1. Devinandana S V
2. Niranjana PK

attended the same and received a participation certificate

NO TO DOWRY



Date 12th October 2021

Venue: MBCET College

Hours: 2

Category: Campus

Beneficiaries: Volunteers of NSS MBCET

Outcome: NSS volunteers to understand the importance of throwing away with the age old method of dowry system

Highlights: Poster designing competition organized by NSS in collaboration with ISTE MBCET. The poster must convey to us the importance of how to say no to the dowry system and that it must be thrown away.

- Anakha Ajith of S4 EE1 won First Place
- Abigail Binu of S4 CS2 won Second Place

Both received certificates from the APJ Kerala Technological University

Crowd managing at the canteen



Date November 2021

Venue: MBCET College

Hours : 3

Category: Campus

Beneficiaries: Students of MBCET

Outcome: NSS volunteers to maintain order among students at lunchtime

Highlights: In the month of November 2021, 3 of our volunteers managed the crowd at the canteen at lunchtime. NSS Volunteers, we always stand to create a disciplined atmosphere wherever we are.

Diabetes in Youth by SCET



Date 14th November 2021

Venue: Online

Hours: 1

Category: Campus

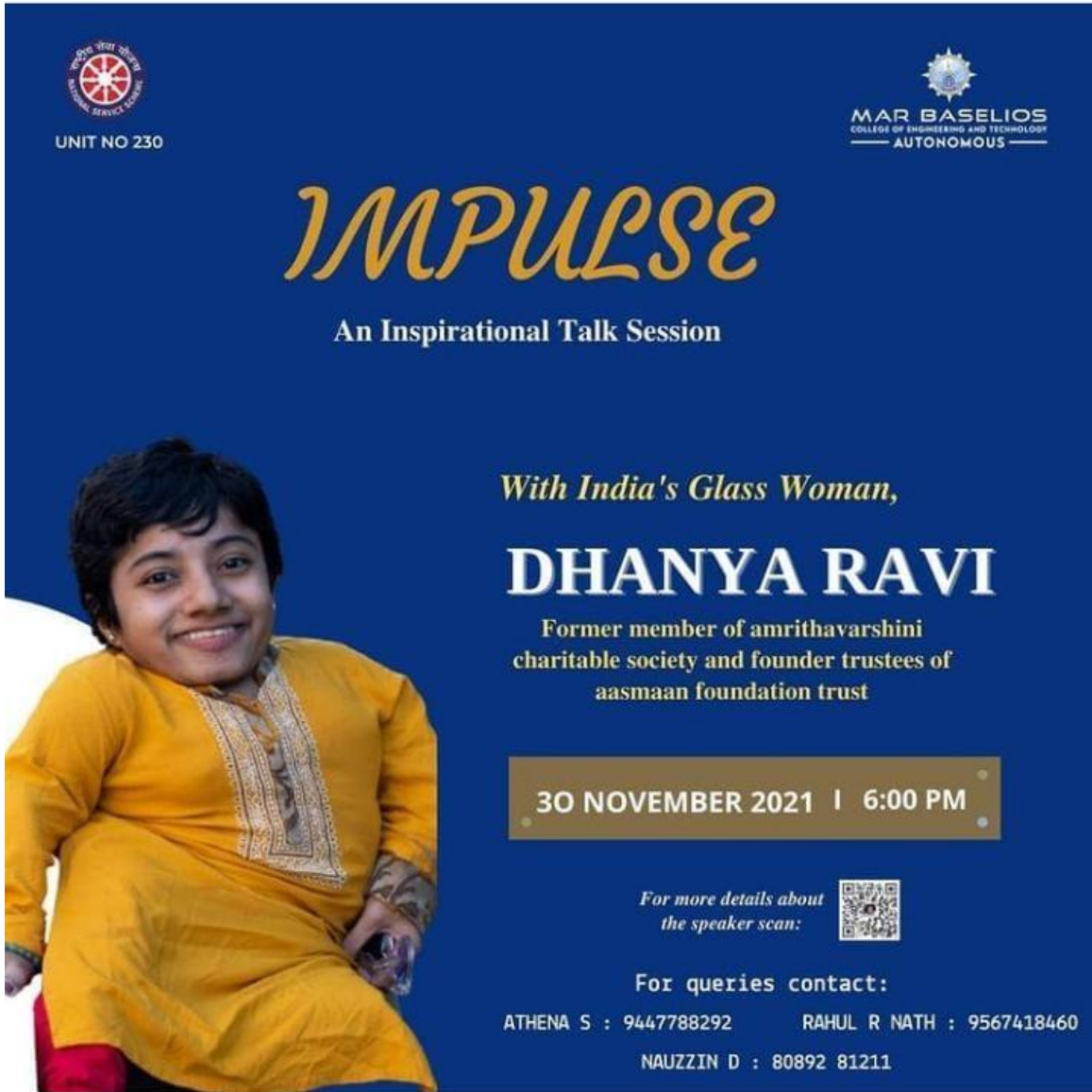
Hosted By: SCET

Beneficiaries: NSS Volunteers

Outcome: NSS volunteers to understand the importance of diabetes

Highlights: Diabetes in Youth is a state-level webinar conducted by the NSS unit of Sree Chithra Thirunal of Engineering, Pappanamcode in association with APJ Abdul Kalam University

IMPULSE



The poster is for an event titled "IMPULSE: An Inspirational Talk Session". It features a photograph of Dhanya Ravi, a woman with short dark hair wearing a yellow traditional Indian garment, sitting and smiling. The background is a solid dark blue. In the top left corner, there is a circular logo with a red and white design and the text "UNIT NO 230". In the top right corner, there is a logo for "MAR BASELIOS COLLEGE OF ENGINEERING AND TECHNOLOGY AUTONOMOUS". The title "IMPULSE" is written in a large, stylized, golden-yellow font. Below it, "An Inspirational Talk Session" is written in a smaller, white, sans-serif font. To the right of the photograph, the text reads "With India's Glass Woman," followed by "DHANYA RAVI" in a large, bold, white, serif font. Below her name, it says "Former member of amrithavarshini charitable society and founder trustees of aasmaan foundation trust". A dark blue rectangular box contains the date and time: "30 NOVEMBER 2021 | 6:00 PM". Below this, there is a QR code and the text "For more details about the speaker scan:". At the bottom, it says "For queries contact:" followed by three contact numbers: "ATHENA S : 9447788292", "RAHUL R NATH : 9567418460", and "NAUZZIN D : 80892 81211".

UNIT NO 230

MAR BASELIOS
COLLEGE OF ENGINEERING AND TECHNOLOGY
AUTONOMOUS

IMPULSE

An Inspirational Talk Session

With India's Glass Woman,
DHANYA RAVI
Former member of amrithavarshini
charitable society and founder trustees of
aasmaan foundation trust

30 NOVEMBER 2021 | 6:00 PM

For more details about
the speaker scan:

For queries contact:
ATHENA S : 9447788292 RAHUL R NATH : 9567418460
NAUZZIN D : 80892 81211

Date: 30th November 2021

Venue: Online

Hours : 2

Category: Campus

Beneficiaries: Volunteers of NSS MBCET

Outcome: NSS volunteers to understand about Dhanya Ravi's charitable society and her other works

Highlights: NSS MBCET organized Impulse. Inspirational Talk Impulse by Dhanya Ravi is a former member of amrithavarshini charitability society and founder trustees of aasman foundation trust. She discussed with us all the activities of the society and how as an organization contribute to the society. The talk session was very inspirational and inspiring for all of us.

Nature walk

Date: 27th March 2022

Venue: Vellayani

Hours : 3

Category: Community

Beneficiaries: Volunteers of NSS MBCET

Outcome: NSS volunteers to understand about importance of conservation of nature

Highlights: NSS MBCET UNIT 230 in association with climatehood conducted a nature walk on Vellayani Lake. The Representatives of climatehood had led the Volunteers through the beauty of vellayani wetlands. They had explained about the farmers their type of farming and way of living. They showed their Cultivations ,farms gave awareness about irrigation methods. These informations and exposure gave volunteers a great awareness on conservation of nature





Bird Watching

Date: 27th March 2022

Venue: Vellayani

Hours : 3

Category: Community

Beneficiaries: Volunteers of NSS MBCET

Outcome: Give awareness about the different species of birds

Highlights: NSS MBCET Unit 230 in association with climatehood organized a Bird watching activity for Volunteers. The program was organized at Vellayani Lake. The volunteer from climatehood who were professional bird watcher led the way. He explained the species of birds commonly seen there. The representative made the volunteers listen to the sounds found there and made them identify them. They also gave awareness on how to join this organization. This exposure gave the Volunteers a great understanding of Bird species their habitat and their conservation



Climate Change Orientation

Date: 27th March 2022

Venue: Vellayani

Hours : 3

Category: Community

Beneficiaries: Volunteers of NSS MBCET

Outcome: Give awareness about climate change

Highlights: NSS MBCET Unit 230 in association with climatehood organized a nature walk program at vellayani. As a part of the program, an orientation session was conducted on Climate change. The session was taken by one of the volunteers of climatehood. The session provided basic information on what is climate change and what would be its after-effects. They reminded us about the critical situation and suggested ways to prevent them.



Meditation Session

Date: 27th March 2022

Venue: Vellayani

Hours : 3

Category: Community

Beneficiaries: Volunteers of NSS MBCET

Outcome: Orientation on meditation and its advantages

Highlights: NSS MBCET Unit 230 in association with climatehood organized a Nature walk at Vellayani Lake activity for Volunteers. As a part of it a meditation session were conducted for Volunteers. The session were leaded by representatives of climatehood. The breathing exercise provided a huge refreshment to the volunteers. At the end of thr meditation session, program officer and volunteer secretary shared their experience.



Rudhirasena Duty

Date: Throughout the tenure

Venue: Online

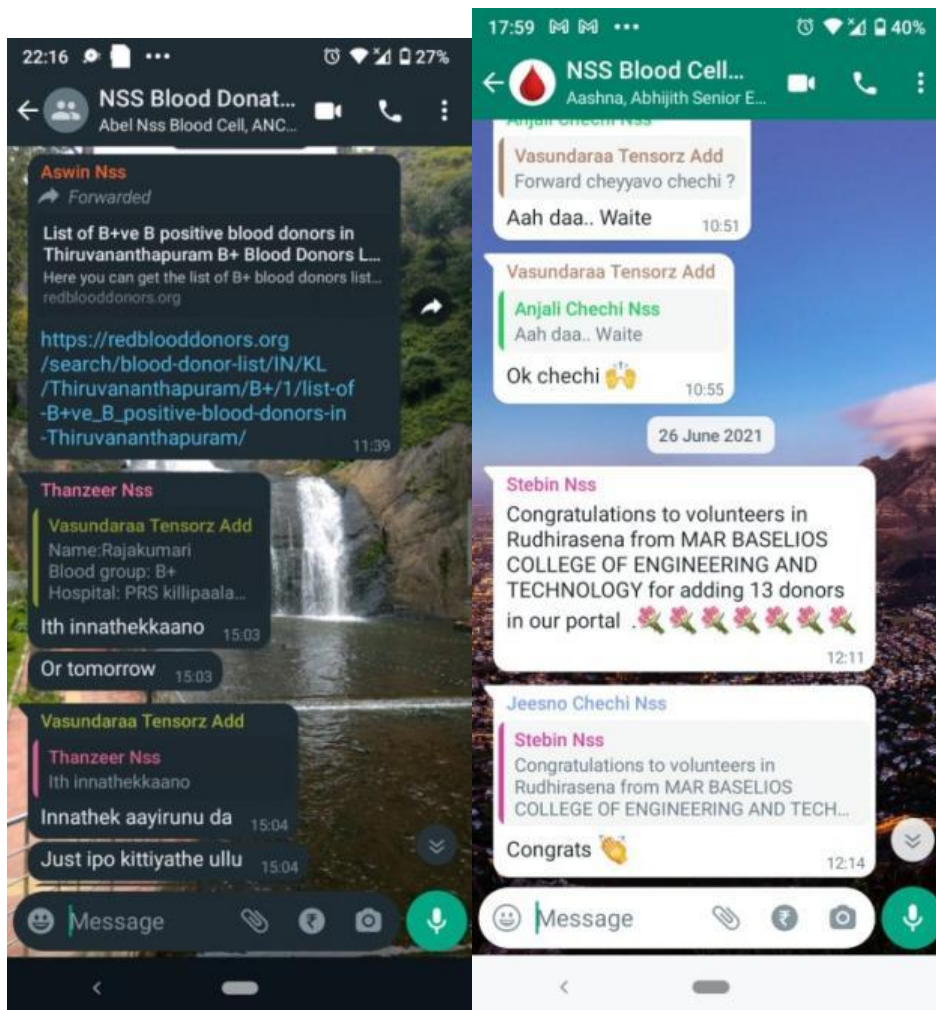
Hours : 3

Category: Registrations - Rudhirasena

Beneficiaries: Volunteers of NSS MBCET

Outcome: Help find donors for the people in need

Highlights: NSS MBCET Unit 230's Rudhirasena wing is constantly working towards helping the people with finding blood donors. Some of our students have also volunteered for these donations. Many hospital and serious cases have come and the team has worked intensely to find these donors and on the 6th of June 2021, the team successfully completed the task by adding 13 new donors to the Rudhirasena portal.



Watering and Maintaining Plantain tree

Date: 10th March 2022

Venue: MBCET

Hours : 2

Category: Campus

Beneficiaries: Students of MBCET

Outcome: Give awareness about planting more trees and building our nature

Highlights: NSS MBCET Unit 230 during their period in camp planted almost 20 plantain trees in our college. The volunteers still work towards the maintenance of the same. The volunteers work towards its watering and maintenance in their free time during lunch times etc.



Monthly Meeting

Date: Every month

Venue: Online

Hours : 2

Category: Campus

Beneficiaries: NSS of MBCET

Outcome: Take decisions in terms of what is the next plan and how we can achieve our plan in the limited time

Highlights: NSS MBCET Unit 230 conducted monthly meetings with the whole team to get a proper perspective on what we have to do next and how we have to go about it, distribute the work to the volunteers equally, and identify the risk portions. We also discuss the pending works and make an analysis on how to deal with them. Initially the meetings were conducted with seniors and later it was more on focussing the junior team.

Computer Architecture and ... CAM MOD 5.1.mp4 - Google ... How does a hard drive work? ... video presen adio gmeet ... Meet - aea-tqke-uxt

meet.google.com/aea-tqke-uxt

APJAKTU NSS CELL -IT is presenting

6:35 PM | aea-tqke-uxt

Computer Architecture and ... CAM MOD 5.1.mp4 - Google ... How does a hard drive work? ... video presen adio gmeet ... Meet - aea-tqke-uxt

meet.google.com/aea-tqke-uxt

APJAKTU NSS CELL -IT is presenting

6:34 PM | aea-tqke-uxt

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Junior Team Coordination

Date: 1st January 2022

Venue: Online

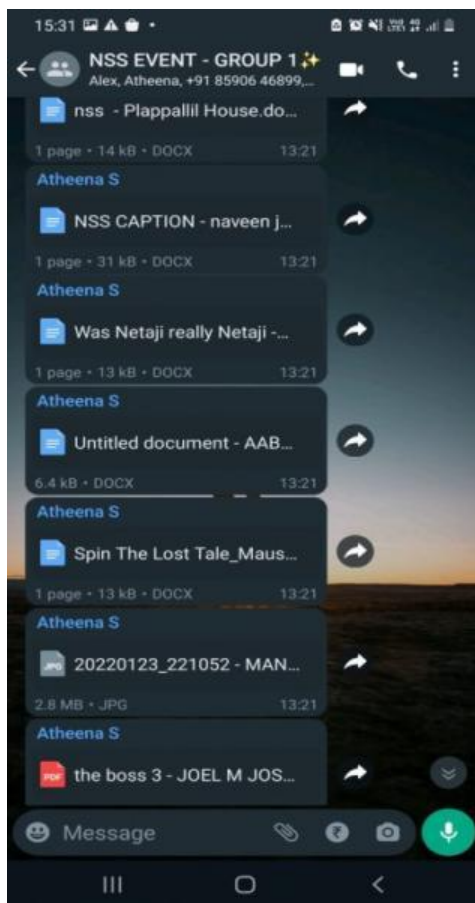
Hours : 4

Category: Campus

Beneficiaries: NSS Junior Team of MBCET

Outcome: Give guidance to the junior students about the events and works of NSS and make them do that.

Highlights: The Junior NSS Team was divided into 10 groups of 5 and assigned special dates from January to February to conduct events. The students came up with various events ranging from caption writing competitions, painting competitions, webinars, quizzes and way more. All the teams were guided and trained by the team leaders. They all cleared their doubts and helped them with the tasks.



NSS Orientation

Date: 22nd December 2021

Venue: Online

Hours : 3

Category: Orientation

Beneficiaries: Students of MBCET

Outcome: Give the newly joined NSS junior team an understanding on the variety of events conducted by the NSS

Highlights: NSS MBCET Unit 230 gave the students an understanding about the type of events conducted by our team listing down some our events and what were aiming to do in this last part of our tenure. It was an orientation program for the juniors to know more about NSS and its activities. It was a session that focussed on what NSS MBCETs vision and motto are and how as a team we are working towards achieving the same.



Pre Camp Meeting

Date: 19th December 2021

Venue: Online

Hours : 4

Category: Campus

Beneficiaries: NSS Team of MBCET

Outcome: Give guidance to the students before they attend the camp.

Highlights: The pre-camp meeting was conducted to discuss about the work we will be doing during the camp and also getting suggestions from the team and also give them a proper perspective on what to expect. We also cleared the doubts of some of the students regarding their stay in the college and various other things. The meeting went very well .



AWARD DISTRIBUTION NSS KTU CEREMONY

Date: 21th June 2022

Venue: MBCET

Hours : 3

Category: Campus(Others)

Beneficiaries: NSS Team of MBCET

Outcome:Volunteers of MBCET UNIT 230 has played a crucial role in overall conduction and event management for all kerala state KTU NSS award distribution ceremony.

Highlights: The ceremony was successfully handled by our new set of junior volunteers and the new upcoming set of juniors did play a crucial role in overall management and coordination. Thios was a great opportunity provided to our unit.

