



**FIVE DAYS FACE TO FACE
FACULTY DEVELOPMENT PROGRAMME (FDP)
ON
UNIVERSAL HUMAN VALUES-II (UHV-II)**

Conducted by

UHV CELL

**MAR BASELIOS COLLEGE OF ENGINEERING AND TECHNOLOGY
(AUTONOMOUS)**

Thiruvananthapuram

Organized and Sponsored by

All India Council for Technical Education (AICTE)

POST FDP REPORT

FDP REPORT

Level : National Level Programme
Category : Faculty Development Programme (FDP)
Date : From 29/08/2022 to 02/09/2022

FDP Team Leaders:

- 1. Resource Person** : Prof. Umesh Jadhav (Member, NCC-IP, AICTE)
- 2. Observers:**
 - i. Dr. Sunilkumar N
(Professor, Cochin University of Science and Technology)
 - ii. Dr. Helen
(Associate Professor, AAM Engineering College)
- 3. Co-Facilitators:**
 - i. Dr. Deepa G Nair
(Professor, Cochin University of Science and Technology)
 - ii. Ms. Aprajitha Singh
(Assistant Professor, Thakur Institute of Management Studies)
- 4. Local Programme Coordinator** : Dr. Vidya Vilas,
(Assistant Professor, MBCET)

FDP Rationale:

To improve the quality of Technical Education in the country, 3 weeks Student Induction Programme (SIP) has been made mandatory for all Engineering colleges in the country and to prepare the faculty for the same, National Coordination Committee for Student Induction (NCC-IP) has been formed by AICTE. Various Faculty Development Programmes (FDP) are being offered with the support of AICTE HQ and Regional Offices for providing training to the faculties. Modules on Universal Human Values (UHV) are the key part of SIP for the purpose of inculcating values to students. UHV-I is offered as part of SIP in the beginning of the First year B.Tech Programme and UHV-II

is a mandatory credit course which is offered at the Second Year. FDPs at various levels are provided to the faculties by AICTE, NCC-IP team at regular intervals to equip them as UHV mentors for handling UHV-I and UHV-II courses.

Objective:

1. To prepare the faculty for teaching UHV-I and UHV-II
2. To equip the faculty for providing Holistic Value Based Education to the students.
3. To help the faculties also to lead a fulfilling life by maintaining harmony at individual, family, society and nature level.

Registration:

The eligibility criterion to register for UHV-II FDP was the successful completion of UHV-I Introductory Workshop. AICTE Induction Portal for registration was opened on 14th July, 2022.

Number of Registrations : 127

Number of attendees : 71

The 71 attendees included 46 participants from Kerala and 25 participants from other states. There were 2 participants from Gujarat, 1 from Karnataka, 1 participant from Uttarakhand, 4 participants from Telangana and 17 participants from Tamil Nadu.

Preparatory Meetings:

- 1 **LPCs Training Meeting at National Level:** 15th and 20th July, 2022
- 2 **Final Preparation Meeting:** 23rd July, 2022
Attendees: NCC-IP Team, Principal, UHV Convener, LPC and senior UHV members of MBCET
- 3 **Meeting of FDP Team:** 23rd August, 2022
Convened by Dr. Sunilkumar N (observer, UHV II, FDP)
Attendees: NCC-IP Team and MBCET organizing committee members
4. **Advisory Meeting at College Level:** 25th August, 2022

For the proper conduct of the FDP, many committees have been formulated under the leadership of the LPC, UHV CELL Convener and UHV CELL members. Meetings were conducted with all the committee members at regular intervals.

Accommodation of Participants:

The FDP was a Residential Programme. The Resource Person, Observers, Co-facilitators and the participants were comfortably accommodated in the College Gents and Ladies hostels. The family members who accompanied some of the participants were also given separate accommodation in the campus on payment basis.

Student Involvement:

To encourage the student participation for the FDP, UHV cell student members were given opportunity to get involved in all the arrangements of the programme. They were also given opportunity to express their opinions during some of the sessions. Students from Nature Club and Aksharakootam (Creative Writing Club, MBCET) presented souvenirs to the NCC-IP Team and participants. The students of Nature Club presented details for the growth of 'plantable seed pens', the UHV Cell souvenir. Students of Aksharakootam presented handwritten quotes on UHV themes along with personal 'thank you' notes.

SUMMARY OF THE SESSIONS

FDP Format:

The 'Five Day FDP' comprised 25 sessions from 9:00 am to 6:30 pm with three bio breaks of 20 minutes each and an hour long lunch break from 12:45 pm to 1:45 pm. There were two forenoon and one afternoon sessions each day managed by the main speaker, Prof. Umesh Jadhav. The evening session from 3:40 pm to 5:30 pm was utilized for sharing and as Q & A session. Last session of each day was assigned for group wise discussion. All the 71 participants were divided into 4 groups and sharing session was held based on each day's content.

DAY 1

The FDP started on 29th August, 2022 with the inaugural function. Dr. Elizabeth. C. Kuruvilla, Convener, UHV CELL, MBCET welcomed the gathering. Inaugural address was delivered by Fr. John Varghese Palanilkunnathil (Bursar, MBCET). Dr. Abraham. T. Mathew (Principal, MBCET) gave the felicitation. Dr. Sunilkumar (Observer, UHV II FDP) gave an overview about the Programme. Dr. Vidya Vilas (LPC, UHV II FDP) expressed the vote of thanks. Fr. Thomas Mukulampurathu (Assistant Bursar), Dr. Viswanatha Rao (Vice Principal), Rev. Fr. Bitty Mathew (Student Counsellor), Deans , HoDs of all the departments and other faculty members of the Institute attended the inaugural function.

After the function, Prof. Umesh Jadhav delivered the class based on the AICTE teaching material (Lectures 1 to 8). The concept of Natural Acceptance was explained. Right understanding in the self should be prioritized over physical facility.

DAY 2

Day 2 covered lectures 9-12. The main points covered were: The self is central to human existence. The body is just an instrument; harmony in the self is realized when there are no contradictions in the imagination and all imagination is in accordance with natural acceptance.

DAY 3

Day 3 covered lectures 13-16. The main points covered were: Basic human aspiration is to have continuous happiness and prosperity, mutual happiness, trust as the foundation value in relationships; difference between response and reaction; respect is right evaluation with a feeling of trust on intention. Naturally acceptable feelings in relationship: Trust, Respect, Affection, Care, Guidance, Reverence, Glory, Gratitude and Love.

DAY 4

Day 4 covered lectures 17-22. The main points covered were: Understanding Harmony in the society and nature; interconnectedness, self-regulation and mutual fulfillment among the four orders of nature, realizing existence as co-existence at all levels.

DAY 5

Day 5 covered lectures 23-25. The main points covered were: Achieving human consciousness has to happen in the self by self. Understanding this leads to continuous harmony.

The last session on each day consisted of Group Discussions, each group comprising of 14 members. Participants shared their feedback on the forenoon sessions. Documentaries like 'The Story of Stuff' and 'An Inconvenient Truth' were well appreciated. During self-exploration based on the sessions, the participants put forward many points. Some examples include:

1. UHV cannot be taught, it has to be practiced
2. Realization of importance to self and relationships
3. Right understanding and the feeling of trust will help in improving the competence of our own self and that of others

The final test was conducted on the last day to assess the exploration done by the participants.

The FDP ended on 2nd September with a valedictory function. The Chief Guest for the function was Dr. Shalij P R, Dean (Research) and Dean (Academic In charge), APJ Abdul Kalam Technological University, Thiruvananthapuram. He appreciated the UHV proposals and the efforts of AICTE to develop among its faculty and students a holistic vision of life. The valedictory also included FDP report by the LPC, feedback and sharing sessions by the participants. The valedictory function concluded with presenting of plantable pens and UHV theme quotes to all the participants by students of

Aksharakootam and Nature Club, as a token of love and respect. The college arranged an Onam Sadhya on the last day as a gesture of togetherness/unity in diversity and also as a depiction of our culture. In his concluding remarks, Prof. Umesh Jadhav (Resource Person, AICTE) appreciated the efforts of the College to conduct the FDP. He declared the FDP successful and identified the college with potential to be nodal center of Universal Human Values.

Outcome of FDP

Participants got clarity on the UHV contents of AICTE teaching material. This will surely help them in gaining confidence for effectively conveying the UHV contents to students and also for themselves to lead a holistic value based life. This was clearly observed in the feedback session and the sharing sessions. Participants had fruitful 5 days in the campus, they opined. Also they expressed their sincere appreciation for conducting the programme in a well organized manner by the UHV Cell, MBCET led by the Local Programme Coordinator. All the participants committed that, they would continue their UHV journey after observing some positive changes in their personal life which they believe would definitely be reflected in all walks of life. This may be considered as the real success of the five days face to face FDP.

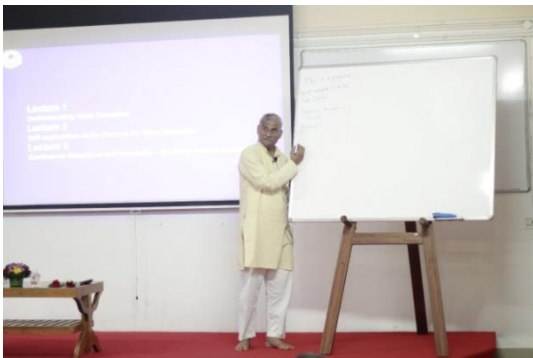
EVENT PHOTOGRAPHS

(a) INAUGURATION





(b) UHV SESSIONS







(c) SHARING SESSIONS





(d) GROUP DISCUSSIONS



(e) VALEDICTORY SESSION





29th August 2022
to
02nd September 2022



Resource Person :
AICTE-NCC-IP Team

Dr. Vidya Vilas
LPC, UHV II FDP,
Coordinator (UHV Cell, MBCET)

Dr. Elizabeth C Kuruvilla
Convener (UHV Cell, MBCET)